

**Jamestown Area School District** 

## Head Start Lunch Menu



## November 2024

Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
	29-Oct	30-Oct	31-Oct	1-Nov
Fiestada Taco Pizza	Nacho Supreme	Cheese Filled Ravioli	Chick Filet Sandwich	No School
(Beef Crumbles &	(Tortilla Chips, Meat, Cheese)	Marinara Sauce	(Breaded Crispy Chicken,	
Mexican Cheese Blend)	Refried Beans	Garlic Bread Stick	with Pickles)	-
Garden Salad	Lettuce, Tomato, Olives	Garden Salad	Waffle Fries	00 =
Diced Pears 🛛 🖊	Sour Cream, Salsa	Applesauce 🏼 🔊	Mandarin Oranges	
	Sliced Peaches	<i></i>		
4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
Macaroni & Cheese	Chicken Nuggets	Chicken Parm Sandwich	Walking Taco	Fresh Cooked
Garlic Bread Stick	School Made WG Roll	on WG Bun	(Dorito, Meat, Cheese)	French Bread Pizza
Steamed Peas	Mashed Potatoes & Gravy	Baked French Fries	Shredded Cheese	Garden Salad
Garden Salad	Steamed Corn	Italian Bean Salad	Refried Beans, Toppings,	(Lettuce,Cucumbers,Tom)
Diced Pears	Sliced Peaches 🛛 👹	Applesauce	Sour Cream & Salsa	Mixed Fruit/Variety
			Mandarin Oranges	
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
General Tso Chicken	Poppers	Soft Taco	Toasted Cheese	No School
WG Rice Pilaf	Blueberry Muffin	Tortilla, Meat, Cheese	Sandwich	
<b>Oriental Vegetables</b>	Hash Brown Potato	Lettuce, Tomato	Tomato Soup	No and the second se
& Broccoli	Fresh Vegetable Variety	Sour Cream & Salsa	Garden Salad	
Chilled Pineapple	Diced Peaches	Applesauce	Mandarin Oranges	
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18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
Chicken Patty	Nacho Supreme	Boneless Wing Bowl	Turkey & Gravy	"CYOS"
on WG Bun	(Tortilla Chips, Meat, Cheese)	Plain or Mild Ranch	Stuffing, WG Dinner Roll	Create Your Own Sub
Baked French Fries	Refried Beans	Soft Pretzel	Mashed Potatoes	Deli Hoagie with Toppings
Diced Pears	Lettuce, Tomato, Olives	Vegetable Sticks 🔄	Steamed Corn	Potato Chips
	Sour Cream, Salsa	Applesauce	Mandarin Oranges	Mixed Fruit/Variety
~~~~	Sliced Peaches	BBQ Dip	Pumpkin Pie	
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
Cheese Filled Ravioli	Chicken Nugget	No School	No School	No School
Marinara Sauce	WG Dinner Roll		Mar Margarenta Mar	
WG Garlic Bread Stick	Mashed Potatoes & Gravy	-	Happy Thanksgiving	
Green Beans	Steamed Corn	( AND	V	A MARKEN S
Garden Salad	Sliced Peaches	Le la		1
Diced Pears				

This institution is an equal opportunity provider.

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.