



Jamestown Area School District

Head Start Lunch Menu

January 2025



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
30-Dec 	31-Dec	1-Jan 	2-Jan 	3-Jan No School
6-Jan General Tso Chicken WG Rice Pilaf Oriental Vegetables & Broccoli Chilled Pineapple Sweet & Sour Dip Sauce	7-Jan Poppers Blueberry Muffin Hash Brown Potato Fresh Vegetable Variety Diced Peaches	8-Jan Soft Taco with Cheese Lettuce, Tomato, Salsa Apple Churro Black Bean & Corn Salad  Applesauce	9-Jan Toasted Cheese Sandwich Tomato Soup Garden Salad Mandarin Oranges	10-Jan  Cheeseburger on WG Bun Tater Tots Baked Beans Mixed Fruit/Variety
13-Jan Chicken Patty on WG Bun Baked French Fries Diced Pears Pudding Parfait	14-Jan Nacho Supreme WG Rice Pilaf Refried Beans Lettuce, Tomato, Olives Sour Cream, Salsa Sliced Peaches	15-Jan Boneless Wing Bowl Plain or Mild Ranch WG Rice Pilaf Vegetable Sticks Applesauce BBQ Dip	16-Jan Turkey & Gravy Stuffing, WG Dinner Roll Steamed Green Beans Mandarin Oranges 	17-Jan "CYOS" Create Your Own Sub Deli Hoagie with Toppings Potato Chips Mixed Fruit/Variety
20-Jan No School 	21-Jan Chicken Nugget WG Dinner Roll Mashed Potatoes & Gravy Steamed Corn Sliced Peaches	22-Jan Fiestada Taco Pizza (Beef Crumbles & Mexican Cheese Blend) Garden Salad Applesauce Ice Cream Sandwich	23-Jan Rodeo Cheese Burger on WG Bun Lettuce, Tomato, Pickles Tater Tots Baked Beans Mandarin Oranges	24-Jan Max Cheese Sticks (Cheesy Bread Sticks) Marinara Sauce BBQ Sidewinders Fresh Fruit Variety (Melon or Frozen Berries)
27-Jan Chicken Tender Soft Pretzel Rod Au Gratin Potatoes Vegetable Variety Diced Pears BBQ Dipping Sauce	28-Jan Walking Taco Spanish Rice Cheese & Refried Beans Lettuce, Tomato & Olives Sour Cream & Salsa Sliced Peaches	29-Jan Turkey, Bacon & Cheese edge with Chipotle Ranch Lettuce, Tomato, Pickles Potato Chips  Applesauce	30-Jan Breaded Chicken Patty on a WG Bun Lettuce, Tomato, Pickles Oven Baked French Fries Mandarin Oranges	31-Jan Italian Dunkers Marinara Sauce Garden Salad (Lettuce, Cucs, Toms) Mixed Fruit/Variety School Made Applescisp

This institution is an equal opportunity provider.

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.