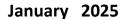


Jamestown Area School District

Head Start Lunch Menu





Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
30-Dec	31-Dec	1-Jan	2-Jan	3-Jan
****		Happy New Si Gyear!	***	No School
6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
General Tso Chicken	Poppers	Soft Taco with Cheese	Toasted Cheese	Cheeseburger
WG Rice Pilaf	Blueberry Muffin	Lettuce, Tomato, Salsa	Sandwich	on WG Bun
Oriental Vegetables	Hash Brown Potato	Apple Churro	Tomato Soup	Tater Tots
& Broccoli	Fresh Vegetable Variety	Black Bean & Corn Salad	Garden Salad	Baked Beans
Chilled Pineapple	Diced Peaches	Applesauce	Mandarin Oranges	Mixed Fruit/Variety
Sweet & Sour Dip Sauce				
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Chicken Patty	Nacho Supreme	Boneless Wing Bowl	Turkey & Gravy	"CYOS"
on WG Bun	WG Rice Pilaf	Plain or Mild Ranch	Stuffing, WG Dinner Roll	Create Your Own Sub
Baked French Fries	Refried Beans	WG Rice Pilaf	Steamed Green Beans	Deli Hoagie with Toppings
Diced Pears	Lettuce, Tomato, Olives	Vegetable Sticks	Mandarin Oranges	Potato Chips
Pudding Parfait	Sour Cream, Salsa	Applesauce		Mixed Fruit/Variety
	Sliced Peaches	BBQ Dip	***	
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
No School	Chicken Nugget	Fiestada Taco Pizza	Rodeo Cheese Burger	Max Cheese Sticks
	WG Dinner Roll	(Beef Crumbles &	on WG Bun	(Cheesy Bread Sticks)
* */ */	Mashed Potatoes & Gravy	Mexican Cheese Blend)	Lettuce, Tomato, Pickles	Marinara Sauce
	Steamed Corn	Garden Salad	Tater Tots	BBQ Sidewinders
***	Sliced Peaches	Applesauce	Baked Beans	Fresh Fruit Variety
<u>_</u>		Ice Cream Sandwich	Mandarin Oranges	(Melon or Frozen Berries)
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Chicken Tender	Walking Taco	Turkey, Bacon & Cheese	Breaded Chicken Patty	Italian Dunkers
Soft Pretzel Rod	Spanish Rice	edge with Chipotle Ranc		Marinara Sauce
Au Gratin Potatoes	Cheese & Refried Beans	Lettuce, Tomato, Pickles		Garden Salad
Vegetable Variety	Lettuce, Tomato & Olives	Potato Chips	Oven Baked French Fries	(Lettuce, Cucs, Toms)
Diced Pears	Sour Cream & Salsa	Applesauce	Mandarin Oranges	Mixed Fruit/Variety
BBQ Dipping Sauce	Sliced Peaches	† `		School Made Applescisp

This institution is an equal opportunity provider.

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.