



Jamestown Area School District High School Breakfast Menu October 2023



Breakfast Includes: 3 Items, One must be a fruit/vegetable.

Monday	Tuesday	Wednesday	Thursday	Friday
2-Oct Muffin Monday! Blueberry Muffin 100% Juice Choice of Milk	3-Oct Cereal Emoji Crackers Fruit Variety Choice of Milk	4-Oct Nutrigrain Bar String Cheese Stick Fruit Variety Choice of Milk	5-Oct Mini Waffles or Mini Pancakes 100% Fruit Juice Choice of Milk	6-Oct Cookie & Cream Benefit Bar Apple Slices Choice of Milk
9-Oct No School 	10-Oct Funnel Cake 100% Juice Choice of Milk	11-Oct Mini Donuts 100% Juice Choice of Milk	12-Oct Egg, Turkey Sausage, & Cheese Uncrustable Fruit Variety Choice of Milk	13-Oct Chocolate Chip Pancakes Oranges Choice of Milk
16-Oct Muffin Monday! (Apple Cinnamon) Apples Choice of Milk	17-Oct Mini Cinnis Fruit Juice Choice of Milk	18-Oct Strawberry Cream Filled Bagel Fruit Variety Choice of Milk	19-Oct Buttery Maple Snack'n Waffle Fruit Variety Choice of Milk	20-Oct Benefit Bar (Vanilla Sprinkle) Fruit Juice Choice of Variety
23-Oct Muffin Monday! (Chocolate) 100% Juice Choice of Milk	24-Oct Assorted Cereal & Crackers Fruit Variety Choice of Milk	25-Oct Glazed Holes (Chocolate) Fruit Choice of Milk	26-Oct French Toast Sticks Fruit Variety Choice of Milk	27-Oct Cereal Bar (Cinnamon Toast) 100% Juice Choice of Milk
30-Oct Muffin Monday! (Assorted Flavors) 100% Juice Choice of Milk	31-Oct Benefit Bar (Variety of Flavors) 100% Juice Choice of Milk	1-Nov 	2-Nov <u>Alternative Available Daily:</u> Assorted Cereal & Crackers Poptart & Crackers Hot Menu'd Item	3-Nov 



This institution is an equal opportunity provider.

Menu is subject to change related to food availability.



Sign up at no cost to access your child's purchase, make online payments, set up automatic payments/low balance reminders and apply for free and reduced priced meals at www.SchoolCafe.com

Note: All students will need to use their four digit pin number when receiving their free meal. This personal ID number will be how students receive their one free meal and this will access their school café account.

Choice of Milk:
1% White Milk
Fat-Free Flavored
(Choc., Van., Straw.)

