

## Jamestown Area School District

## High School Breakfast Menu November 2023



Breakfast Includes: 3 Items, One must be a fruit/vegetable.

Monday Tuesday Wednesday Thursday Friday 3-Nov 2-Nov Gereal Variety Fresh Fruit Selection 100% Juice Choice of Milk Choice of					AL.
Blueberry Muffin Caracker Variety Cracker Variety Fresh Fruit Selection 100% Juice Choice of Milk Choice of Mil	Monday	Tuesday	Wednesday	Thursday	Friday
Muffin Fresh Fruit Selection 100% Juice Choice of Milk  6-Nov 7-Nov Banana Cheez-It & Choice of Milk  Corndog Muffin String Cheese Fresh Fruit Selection 100% Juice Choice of Milk  Cinnamon Roll Corndog Muffin String Cheese Fresh Fruit Selection 100% Juice 100% Jui	30-Oct	31-Oct	1-Nov	2-Nov	3-Nov
Fresh Fruit Selection 100% Juice Choice of Milk  6-Nov Iced Breakfast Cinnamon Roll Fresh Fruit Selection 100% Juice Choice of Milk  Corndog Fresh Fruit Selection 100% Juice Choice of Milk  Corndog Fresh Fruit Selection 100% Juice Choice of Milk  Corndog Fresh Fruit Selection 100% Juice Choice of Milk  Corndog Fresh Fruit Selection 100% Juice 100% Juice Choice of Milk Choice of Milk  Choice of Milk  Choice of Milk  Choice of Milk  T3-Nov Nutrigrain 8. Crackers Uncrustable Fruit Variety 100% Juice Choice of Milk  Choice o			Blueberry 🚲	Cereal Variety	Glazed
100% Juice Choice of Milk  6-Nov 7-Nov Breakfast Banana Cheez-It & Twin Dunkin Sticks Cinnamon Roll Corndog Fresh Fruit Selection 100% Juice Choice of Milk  Choice of Milk Choice of Milk Choice of Milk  100% Juice Choice of Milk Choice of		·	Muffin 🤎	Cracker Variety	Donut
Choice of Milk Choice		A Andrew	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection
6-Nov Breakfast Banana Cheez-It & Twin Dunkin Sticks Cinnamon Roll Corndog Muffin String Cheese Fruit Variety Fresh Fruit Selection 100% Juice 100% Juice 100% Juice 100% Juice 100% Juice 15-Nov 16-Nov 17-Nov Nutrigrain Breakfast Uncrustable Muffin & Crackers Donuts Fruit Variety 100% Juice Choice of Milk Choice o	A CAP TO THE		100% Juice	100% Juice	100% Juice
Iced   Breakfast   Banana   Cheez-It & Twin Dunkin Sticks	744		Choice of Milk	Choice of Milk	Choice of Milk
Cinnamon Roll Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  13-Nov Nutrigrain & Crackers Fruit Selection Fruit Variety 100% Juice Choice of Milk  13-Nov Nutrigrain & Crackers Fruit Selection Fruit Variety Fruit Selection 100% Juice Choice of Milk  Choic	6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Fruit Variety 100% Juice Choice of Milk  13-Nov Nutrigrain & Crackers Fruit Selection Fruit Variety 100% Juice Choice of Milk  100m Juice Chocolate Muffin M	Iced 🗼	Breakfast	Banana	Cheez-It &	Twin Dunkin Sticks
100% Juice Choice of Milk Choice of	Cinnamon Roll	Corndog	Muffin	String Cheese	(donut sticks)
Choice of Milk  No School  No School  No School  Choice of Milk  No School  No School  No School  Thurthy Available Daily: Cereal & Crackers  Fruit Variety  Fresh Fruit Selection  Fruit Variety  Fresh Fruit Selection  Fruit Variety  Fresh Fruit Selection  Fruit Variety  Fresh Fruit Variety	Fruit Variety	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection
13-Nov Nutrigrain & Crackers Uncrustable Fruit Variety Fruit Selection Choice of Milk  20-Nov Starawberry Stromboli (Strawberry & Cream) Fruit Variety Fresh Fruit Selection Fresh Fruit Variety Fresh Fruit	100% Juice				
Nutrigrain & Crackers Uncrustable Fruit Variety 100% Juice Choice of Milk  20-Nov Starawberry Stromboli (Strawberry & Cream) Fruit Variety 100% Juice Choice of Milk  27-Nov No School  No School  No School  Resident of Milk  27-Nov No School  No School  Resident of Milk  Choice of Milk  No School  No School  No School  Choice of Milk  No School  No Schoo	Choice of Milk				
& Crackers Fruit Variety Fruit Selection Fruit Variety 100% Juice Choice of Milk  20-Nov Starawberry Stromboli (Strawberry & Cream) Fruit Variety Fruit Selection Fruit Selection Fruit Variety Toast Fruit Variety Fruit Selection Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  No School Fresh Fruit Selection 100% Juice Choice of Milk Choice of Milk Choice of Milk Choice of Milk Fruit Variety Fresh Fruit Selection No School Fresh Fruit Selection Fresh Fruit Selection Fresh Fruit Selection Fresh Fruit Variety Fresh Fruit Selection Fresh Fruit Variety Fruit Variet	13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Fruit Variety 100% Juice Choice of Milk  20-Nov Starawberry Stromboli (Strawberry & Cream) Fruit Variety 100% Juice Choice of Milk  27-Nov Starawberry & Cream) Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  29-Nov Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  Choice of	Nutrigrain	Breakfast 🌙	Chocolate	Poptart	Mini
100% Juice Choice of Milk  20-Nov 21-Nov Starawberry Stromboli (Strawberry & Cream) Fruit Variety 100% Juice Choice of Milk  27-Nov No School  100% Juice Choice of Milk  20-Nov Starawberry Stromboli (Strawberry & Cream) Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  27-Nov No School  23-Nov No School Fresh Fruit Selection 100% Juice Choice of Milk  27-Nov No School No School No School Fresh Fruit Selection Pizza Fruit Variety Fresh Fruit Selection Fresh Fruit Selection Fresh Fruit Variety Fresh Fruit Selection Fresh Fruit Variety Fresh Fruit Selection 100% Juice No School N	& Crackers	Uncrustable 🚄	Muffin	& Crackers	Donuts
Choice of Milk  No School  Choice of Milk  No School  No School  Choice of Milk  Choice of Milk  No School  No School  Choice of Milk  Choice of Milk  No School  No School  Choice of Milk  Choice of Milk  No School  No School  Choice of Milk  Choice of Milk  No School  No School  Choice of Milk  Choice of Milk  No School  No School  Choice of Milk  Choice of Milk  No School  No School  No School  Choice of Milk  Choice of Milk  No School  No Sc	Fruit Variety	Fruit Selection	Fruit Variety	Fruit Variety	Fruit Variety
20-Nov Starawberry Stromboli (Strawberry & Cream) Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  27-Nov No School No Sch	100% Juice				
Starawberry Stromboli (Strawberry & Cream) Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  27-Nov No School  Golden Graham Cereal Bar Fruit Variety Fresh Fruit Selection Breakfast Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  27-Nov No School  Golden Graham Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  Choice of Milk  Breakfast Mini Available Daily: Cereal & Crackers Fruit Variety Fresh Fruit Selection Fruit Variety 100% Juice  100% Juice Hot Menu'd Item	Choice of Milk				
(Strawberry & Cream) Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  27-Nov No School No School Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  27-Nov No School Fruit Variety Fresh Fruit Selection 100% Juice Choice of Milk  29-Nov Breakfast Mini Available Daily: Cereal Bar Fruit Variety Fresh Fruit Selection Fruit Variety 100% Juice Fresh Fruit Selection Fruit Variety 100% Juice Fresh Fruit Selection 100% Juice Fruit Variety 100% Juice Hot Menu'd Item	20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Fruit Variety 100% Juice Choice of Milk  27-Nov No School School Cereal Bar Fruit Variety 100% Juice Choice of Milk  Cereal Bar Fruit Variety 100% Juice Fresh Fruit Selection 100% Juice Choice of Milk  29-Nov Breakfast Mini Cereal & Crackers Fruit Variety 100% Juice Fresh Fruit Selection 100% Juice Fruit Variety 100% Juice	Starawberry Stromboli	Mini French	Muffin Variety	No School	No School
100% Juice Choice of Milk  27-Nov No School Golden Graham Cereal Bar Fruit Variety 100% Juice Fruit Variety 100% Juice	(Strawberry & Cream)	Toast	With Cracker Variety		00 0
Choice of Milk  Start of the Choice of Milk  Choice of Milk  Start of the Choice of Milk  Choice of Milk  Start of the Choice of Milk  Choice of Milk  Start of the Choice of Milk  Choice of Milk  Start of the Choice of the Choice of	Fruit Variety	Fresh Fruit Selection	Fresh Fruit Selection	Happy	
27-Nov 28-Nov 29-Nov 30-Nov 1-Dec No School Golden Graham Breakfast Mini Available Daily: Cereal Bar Pizza Cinni Cereal & Crackers Fruit Variety Fresh Fruit Selection Frruit Variety 100% Juice 100% Juice Hot Menu'd Item	100% Juice	100% Juice	100% Juice	ThaNbso	TINO TO
No School Golden Graham Breakfast Mini Cereal Bar Pizza Cinni Fruit Variety 100% Juice Presh Fruit Selection 100% Juice Mini Cereal & Crackers Fruit Variety 100% Juice Fruit Variety 100% Juice Fruit Variety 100% Juice Hot Menu'd Item	Choice of Milk	Choice of Milk	Choice of Milk		TATA
Cereal Bar Pizza Cinni Cereal & Crackers Fruit Variety Fresh Fruit Selection 100% Juice 100% Juice 100% Juice Hot Menu'd Item	27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Fruit Variety 100% Juice Fresh Fruit Selection 100% Juice Fresh Fruit Selection 100% Juice Fruit Variety 100% Juice	No School	Golden Graham	Breakfast	Mini	Available Daily:
100% Juice 100% Juice Hot Menu'd Item		Cereal Bar	Pizza	Cinni	Cereal & Crackers
		Fruit Variety	Fresh Fruit Selection	Frruit Variety	Poptart & Crackers
Chaica of Mills Chaica of Mills Chaica of Mills		100% Juice	100% Juice	100% Juice	Hot Menu'd Item
Choice of Ivilik   Choice of Ivilik   Choice of Ivilik		Choice of Milk	Choice of Milk	Choice of Milk	



This institution is an equal opportunity provider.

Menu is subject to change related to food availability.





Choice of Milk: 1% White Milk Fat-Free Flavored (Choc., Van., Straw.)