



Jamestown Area School District Elementary School Breakfast Menu October 2023



Breakfast Includes: 3 Items, One must be a fruit/vegetable.

Monday	Tuesday	Wednesday	Thursday	Friday
2-Oct Muffin Monday! Blueberry Muffin 100% Juice Choice of Milk	3-Oct Cereal Emoji Crackers Fruit Variety Choice of Milk	4-Oct Nutrigrain Bar String Cheese Stick Fruit Variety Choice of Milk	5-Oct Mini Waffles or Mini Pancakes 100% Fruit Juice Choice of Milk	6-Oct Cookie & Cream Benefit Bar Apple Slices Choice of Milk
9-Oct No School 9-Oct	10-Oct Poptart & Crackers 100% Juice Choice of Milk	11-Oct Mini Donuts 100% Juice Choice of Milk	12-Oct Egg, Turkey Sausage, & Cheese Uncrustable Fruit Variety Choice of Milk	13-Oct Chocolate Chip Pancakes Oranges Choice of Milk
16-Oct Muffin Monday! (Apple Cinnamon) Apples Choice of Milk	17-Oct Mini Cinnis Fruit Juice Choice of Milk	18-Oct Strawberry Cream Filled Bagel Fruit Variety Choice of Milk	19-Oct Buttery Maple Snack'n Waffle Fruit Variety Choice of Milk	20-Oct Benefit Bar (Vanilla Sprinkle) Fruit Juice Choice of Variety
23-Oct Muffin Monday! (Chocolate) 100% Juice Choice of Milk	24-Oct Assorted Cereal & Crackers Fruit Variety Choice of Milk	25-Oct Glazed Holes (Chocolate) Fruit Choice of Milk	26-Oct French Toast Sticks Fruit Variety Choice of Milk	27-Oct Cereal Bar (Cinnamon Toast) 100% Juice Choice of Milk
30-Oct Muffin Monday! (Assorted Flavors) 100% Juice Choice of Milk	31-Oct Benefit Bar (Variety of Flavors) 100% Juice Choice of Milk			

This institution is an equal opportunity provider.

Menu is subject to change related to food availability.

Choice of Milk: 1% White Milk, Fat-Free Flavored (Vanilla, Chocolate, Strawberry) + October Flavor "Chocolate Banana"

