



Jamestown Area School District




Head Start Lunch Menu

April 2023



A school meal includes: Entrée (Meat/Meat Alternative & Grain), Fruit, Vegetable and Milk.

Variety of Fresh Vegetables and a Variety of Fruit (fresh and canned) is available daily to each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
3-Apr Nacho Supreme Refried Beans Lettuce, Tomato Salsa, Sour Cream Mixed Fruit	4-Apr General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple Sweet & Sour Dip	5-Apr Max Cheese Filled Bread Sticks Marinara Dip Garden Salad	6-Apr No School 	7-Apr No School 
10-Apr No School 	11-Apr Rodeo Burger Cheeseburger, BBQ Sauce, Rings) Lettuce, Pickle Baked Tots Applesauce	12-Apr Chicken Nuggets Mashed Potato & Gravy Green Beans Peaches Dinner Roll	13-Apr Walking Taco Shredded Cheese Refried Beans Lettuce/Tomato Salsa/Sr Cream Mixed Fruit	14-Apr Fiestada Pizza Garden Salad Fruit Variety
17-Apr Chicken Patty on WG Bun Lettuce, Tomato, Pickles Baked French Fries Diced Peaches	18-Apr Chicken Fajita Cilantro Rice Cheese, Salsa Variety Fajita Veggies Fruit	19-Apr Buttered Noodles Savory Meat Sauce Garden Salad Garlic Bread Stick Pears	20-Apr General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple Sweet & Sour Dip	21-Apr Cheese Pizza Marinara Dip Garden Salad Applesauce
24-Apr Chicken Tenders Pretzel Rod Au Gratin Potatoes Pears	25-Apr Meatball Hoagie Mozzerella Cheese Baked French Fries Fruit Variety	26-Apr Chicken Popper Bowl Dinner Roll Mashed Potatoes & Gravy Steamed Corn Dinner Roll Peaches	27-Apr Cheeseburger on WG Bun Baked Tater Tots Lettuce, Tomato, Pickles Fruit Variety	28-Apr Pepperoni Stuffed Crust Pizza Baked French Fries Fruit Variety



This institution is an equal opportunity provider.

 **1% Milk Provided**