

# JAMESTOWN HIGH SCHOOL LUNCH MENU

## OCTOBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Oct Breaded Chicken Patty Oven Baked French Fries Lettuce/ Tomato/Pickles Strawberry Cup	3-Oct General Tso's Chicken Asian Vegetables Rice Pilaf Pears	4-Oct Deli Turkey on Bun Oven Baked Potato Smiles Lettuce/Tomato/Pickles Applesauce	5-Oct Chicken Nuggets Mashed Potatoes Gravy Steamed Green Beans Roll	6-Oct Mini Pizza Bagels Tossed Salad Peaches
9-Oct Chicken Parmesan Side of Rigatoni Tossed Salad Peaches Garlic Bread	10-Oct Nacho Supreme Rice Pilaf Tossed Greens Salad Salsa applesauce	11-Oct Chicken Tenders Mashed Potatoes Gravy Steamed Vegetable (corn) Roll	12-Oct Cheeseburger on Bun Oven Baked French Fries Lettuce/Tomato/Pickles Pears	13-Oct Hot Ham and Cheese on Bun Oven Baked Tater Tots Mixed Fruit  Act 80
16-Oct Mini Corn Dogs Seasoned French Fries Pears Pudding Cup	17-Oct Country Fried Steak Mashed Potatoes Gravy Steamed Vegetable (peas) Roll	18-Oct Pasta Bar Tossed Greens Salad Applesauce Garlic Bread Stick	19-Oct Pulled Pork BBQ on Bun Oven Baked Potato Wedges Creamy Cole Slaw Peach Cup	20-Oct Taco on Tortillas Rice Pilaf Lettuce/Tomato/ Cheese Mixed Fruit
23-Oct Hot Dog on WG Bun Baked Beans Oven Baked Potato Triangles Strawberry Cup	24-Oct Chicken Fajita Rice Pilaf Lettuce /Tomato Cheddar Cheese/Salsa Pears/ Sour Cream	25-Oct School Made Stromboli Tossed Greens Salad Peaches	26-Oct Chicken Nuggets Mashed Potatoes Gravy Steamed Green Beans Roll	27-Oct No School
30-Oct Breaded Chicken Patty on Bun Oven Baked Potato Smiles Lettuce/Tomato/Pickles Mixed Fruit	31-Oct <i>Mightmare</i> Nacho Supreme Rice Pilaf Tossed Greens Salad Salsa Applesauce Ice Cream Treat	1-Nov	2-Nov	3-Nov

### ALTERNATE LUNCH CHOICES

<p style="text-align: center;"><i>Breaded Chicken Patty on Bun</i> <i>Breaded Spicy Chicken on Bun</i> <i>Breaded Chicken Poppers</i> <i>Hamburger on Bun</i> <i>Cheeseburger on Bun</i> <i>Deli Ham/Cheese with Bun</i> <i>Chicken Salad with Bun</i> <i>Pizza</i> <i>Cheese Sticks/Sauce</i> <i>Yogurt &amp; Pretzel</i> <i>Yogurt &amp; Bagel</i> <i>Chef Salad</i> <i>Peanut Butter/Jelly</i></p>
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### OFFERED DAILY:

*Featured Vegetable/Fruit Bar*

### Choice of Milk

Skim - 1% - Fat Free Flavored

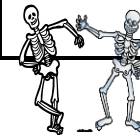
### LUNCH PRICES

Paid: \$2.50

weekly ticket (5) \$12.50

Reduced \$ .40

Adult \$3.50



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