

JAMESTOWN ELEMENTARY LUNCH MENU

OCTOBER 2018

MILK - 1 with meal
extra \$.45 cents
Choice - Skim - Fat Free
Flavored

Entrée - Main Menu Item alternatives

PB&J, Yogurt & Crackers, or Bologna Sandwich
Ham and Cheese Sandwich
Chef Salad with Crackers (Grades 4-6)

Weekly Lunch Ticket
Five (5) Lunches-\$12.50
Daily Price- \$2.50

This institution is an equal opportunity provider

Available Daily at all Schools: Fresh Fruit : Seasonal
Fresh Vegetable : Baby Carrots , Broccoli, Garbanzo

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Oct Breaded Chicken Patty Oven Baked French Fries Lettuce/ Tomato/Pickles Strawberry Cup	2-Oct General Tso's Chicken Asian Vegetables Rice Pilaf Pears	3-Oct Deli Turkey on Bun Macaroni and Cheese Lettuce/Tomato/Pickles Applesauce	4-Oct Chicken Nuggets Mashed Potatoes/ Gravy Steamed Green Beans Roll	5-Oct Mini Pizza Bagels Tossed Salad Peaches
8-Oct Columbus Day No School	9-Oct Nacho Supreme Tossed Greens Salad Salsa Applesauce	10-Oct Oven Roasted Chicken Mashed Potatoes /Gravy Steamed Vegetable (corn) Roll	11-Oct Cheeseburger on Bun Oven Baked French Fries Lettuce/Tomato/Pickles Pears	12-Oct Stuffed Crust Pizza Tossed Salad Mixed Fruit
15-Oct Mini Corn Dogs Seasoned French Fries Pears Pudding Cup	16-Oct Chicken & Gravy Mashed Potatoes /Gravy Steamed Vegetable (peas) School Baked Biscuit	17-Oct Meatballs Tossed Greens Salad Applesauce Garlic Bread Sticks	18-Oct Pulled Pork BBQ on Bun Oven Baked Potato Wedges Creamy Cole Slaw Peach Cup	19-Oct Soft Taco Refried Beans Lettuce/Tomato/ Cheese Mixed Fruit
22-Oct Cheeseburger Baked Beans Oven Baked Hash Patties Strawberry Cup	23-Oct Chicken Fajita Rice Pilaf Lettuce /Tomato Cheddar Cheese/Salsa Pears/ Sour Cream	24-Oct Ind. Round Pizza Tossed Greens Salad Peaches	25-Oct Chicken Nuggets Mashed Potatoes /Gravy Steamed Green Beans Roll	26-Oct Breaded Chicken Patty on Bun Oven Baked Potato Smiles Lettuce/Tomato/Pickles Mixed Fruit
Act 80				
29-Oct General Tso's Chicken Asian Vegetables Rice Pilaf Pineapple	30-Oct Country Fried Steak Mashed Potatoes Gravy Steamed Vegetable (corn) Roll	31-Oct <i>Nightmare Nachos</i> Tortilla Chips Salsa/Sour Cream Tossed Salad/Applesauce Ice Cream Treat	1-Nov Tomato Soup Toasted Cheese Tossed Greens Salad Strawberry Cup	2-Nov Deli Italian Hoagie Lettuce/Tomato/Pickles Bag Baked Lays Chips Peaches

