

# JAMESTOWN ELEMENTARY LUNCH MENU

OCTOBER 2017

MILK - 1 with meal  
extra \$.45 cents  
Choice - Skim - Fat Free

## Entrée - Main Menu Item alternatives

PB&J, Yogurt & Crackers, or Bologna Sandwich  
Ham and Cheese Sandwich  
Chef Salad with Crackers (Grades 4-6)

Weekly Lunch Ticket  
Five (5) Lunches-\$12.50  
Daily Price- \$2.50

## This institution is an equal opportunity provider

Available Daily at all Schools: Fresh Fruit : Seasonal  
Fresh Vegetable : Baby Carrots , Broccoli, Garbanzo

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Oct Breaded Chicken Patty Oven Baked French Fries Lettuce/ Tomato/Pickles Strawberry Cup	3-Oct General Tso's Chicken Asian Vegetables Rice Pilaf Pears	4-Oct Deli Turkey on Bun Oven Baked Potato Smiles Lettuce/Tomato/Pickles Applesauce	5-Oct Chicken Nuggets Mashed Potatoes Gravy Steamed Green Beans Roll	6-Oct Mini Pizza Bagels Tossed Salad Peaches
9-Oct Chicken Parmesan Tossed Salad Peaches Garlic Bread	10-Oct Nacho Supreme Tossed Greens Salad Salsa Applesauce	11-Oct Chicken Tenders Mashed Potatoes Gravy Steamed Vegetable (corn) Roll	12-Oct Cheeseburger on Bun Oven Baked French Fries Lettuce/Tomato/Pickles Pears	13-Oct Hot Ham and Cheese on Bun Oven Baked Tater Tots Mixed Fruit Act 80
16-Oct Mini Corn Dogs Seasoned French Fries Pears Pudding Cup	17-Oct Country Fried Steak Mashed Potatoes Gravy Steamed Vegetable (peas) Roll	18-Oct Meatballs Tossed Greens Salad Applesauce Garlic Bread Sticks	19-Oct Pulled Pork BBQ on Bun Oven Baked Potato Wedges Creamy Cole Slaw Peach Cup	20-Oct Taco on Tortillas Refried Beans Lettuce/Tomato/ Cheese Mixed Fruit
23-Oct Cheeseburger Baked Beans Oven Baked Potato Triangles Strawberry Cup	24-Oct Chicken Fajita Rice Pilaf Lettuce /Tomato Cheddar Cheese/Salsa Pears/ Sour Cream	25-Oct Stuffed Crust Pizza Tossed Greens Salad Peaches	26-Oct Chicken Nuggets Mashed Potatoes Gravy Steamed Green Beans Roll	27-Oct No School
30-Oct Breaded Chicken Patty on Bun Oven Baked Potato Smiles Lettuce/Tomato/Pickles Mixed Fruit	31-Oct <i>Nightmare Nachos</i> Tortilla Chips Salsa/Sour Cream Applesauce Ice Cream Treat	1-Nov The U.S. Dept. of Agriculture prohibits discrimination against its customers, employees, and applicants for disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, martial status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or an any program or activity conducted or funded by the Department	2-Nov	3-Nov

