

JAMESTOWN ELEMENTARY LUNCH MENU

NOVEMBER 2018

MILK - 1 with meal
extra \$.45 cents
ELEM:Choice - Skim -
Fat Free Flavored
Head Start: 1%

Entrée - Main Menu Item alternatives

PB&J, Yogurt & Crackers, or Bologna Sandwich
Ham and Cheese Sandwich
Chef Salad with Crackers (Grades 4-6)



This institution is an equal opportunity provider

Available Daily at all Schools: Fresh Fruit : Seasonal
Fresh Vegetable : Baby Carrots , Broccoli, Garbanzo

Weekly Lunch Ticket
Five (5) Lunches-\$12.50
Daily Price- \$2.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29-Oct	30-Oct	31-Oct	1-Nov	2-Nov
			Tomato Soup Toasted Cheese Tossed Greens Salad Strawberry Cup	Deli Italian Hoagie Lettuce/Tomato/Pickle Baked Lays Potato Chip Peaches
5-Nov	6-Nov	7-Nov	8-Nov	9-Nov
Mini Corn Dogs Oven Baked French Fries Applesauce Chilled Pudding Cup	Breaded Chicken Tenders Mashed Potatoes/Gravy Seasoned Green Beans WG Roll	Tacos Refried Beans Tossed Greens Salad Salsa Pineapple	Chicken Parmesan Tossed Salad Peaches Garlic Bread	Cheeseburger on Bun Emoticon Potatoes Lettuce/Tomato/Pickles Mixed Fruit
12-Nov	13-Nov	14-Nov	15-Nov	16-Nov
Deli Turkey /Cheese on Croissant Lettuce/Tomato/Pickle Macaroni & Cheese Strawberry Cup	General Tso's Chicken Asian Vegetables Rice Pilaf Mixed Fruit	Hot Ham and Cheese on Bun Oven Baked Tater Tots Peaches	Roast Turkey Mashed Potatoes/Gravy Seasoned Green Beans Pumpkin Pie School Baked Roll	Mexican Pizza Tossed Greens Salad Spiced Apples
19-Nov	20-Nov	21-Nov	22-Nov	23-Nov
Chicken Poppers/ BBQ Dip Seasoned French Fries Peach Cup	Country Fried Steak Mashed Potatoes Gravy Seasoned Peas Roll	Stuffed Crust Pizza Tossed Greens Salad Applesauce		
26-Nov	27-Nov	28-Nov	29-Nov	30-Nov
 Thanksgiving Break	Breaded Chicken Patty on Bun Oven Baked Potato Smiles Lettuce/Tomato/Pickles Mixed Fruit	Nacho Supreme Tortilla Chips Lettuce/Tomato/ Cheese Peaches	Chicken Nuggets Mashed Potatoes/Gravy Seasoned Carrots School Baked Roll	Pulled Pork BBQ on Bun Creamy Cole Slaw Oven Baked Potato Wedges Strawberry Cup

The U.S. Dept. of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, martial status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance or an any program or activity conducted or funded by the Department



|

|