





Jamestown Area School District

Head Start Breakfast Menu

October 2022



Monday	Tuesday	Wednesday	Thursday	Friday
3-Oct Cinnamon Chex Fruit Variety 1% Milk	4-Oct Kix 1/2 Banana 1% Milk	5-Oct Cheerios Apple Slices 1% Milk	6-Oct Corn Flakes Fruit Variety	7-Oct NO SCHOOL
10-Oct Cinnamon Chex Fruit Variety 1% Milk	11-Oct Mini Orange Dream Loaf Apple Slices 1% Milk	12-Oct Cheerios 1/2 Banana 1% Milk	13-Oct Corn Flakes Apple Slices 1% Milk	14-Oct Blueberry Muffin Apple Slices 1% Milk
17-Oct Cinnamon Chex Fruit Variety 1% Milk	18-Oct Mini Orange Dream Loaf Apple Slices 1% Milk	19-Oct Cinnamon Chex 100% Juice 1% Milk	20-Oct Cheerios 1/2 Banana 1% Milk	21-Oct Banana Muffin Apple Slices 1% Milk
24-Oct Cinnamon Chex 1/2 Banana 1% Milk	25-Oct Kix Apple Slices 1% Milk	26-Oct Mini Orange Dream Loaf 100% Juice 1% Milk	27-Oct Corn Flakes 1/2 Banana 1% Milk	28-Oct Blueberry Muffin Apple Slices 1% Milk
31-Oct Cinnamon Chex Fruit Variety 1% Milk				
This institution is an equal opportunity provider.				
Please Note: This menu meets qualifications per CACFP guidelines.				

