











# Jamestown Area School District

## Head Start Breakfast Menu

November 2022



Monday	Tuesday	Wednesday	Thursday	Friday
31-Oct 	1-Nov Kix Fruit Variety 1% Milk	2-Nov Cheerios Apple Slices 1% Milk	3-Nov Corn Flakes Fruit Variety 1% Milk	4-Nov Banana Muffin Apple Slices 1% Milk
7-Nov Cinnamon Chex Fruit Variety 1% Milk	8-Nov Mini Orange Dream Loaf Apple Slices 1% Milk	9-Nov Cheerios 1/2 Banana 1% Milk 	10-Nov Corn Flakes Apple Slices 1% Milk	11-Nov Blueberry Muffin Apple Slices 1% Milk
14-Nov Cinnamon Chex Fruit Variety 1% Milk	15-Nov Mini Orange Dream Loaf Apple Slices 1% Milk	16-Nov Cinnamon Chex 100% Juice 1% Milk	17-Nov Cheerios 1/2 Banana 1% Milk	18-Nov Banana Muffin Apple Slices 1% Milk
21-Nov Cinnamon Chex Fruit Variety 1% Milk	22-Nov Kix Apple Slices 1% Milk	23-Nov No School 	24-Nov No School 	25-Nov No School 
28-Nov No School 	29-Nov Mini Orange Dream Loaf Fruit Variety 1% Milk	30-Nov Cinnamon Chex 100% Juice 1% Milk	1-Dec 	2-Dec 
This institution is an equal opportunity provider.				
Please Note: This menu meets qualifications per CACFP guidelines.				