



# Jamestown Area School District

## High School Lunch Menu













November 2022



Menu is subject to change related to food availability.

Create an account on [www.SchoolCafe.com](http://www.SchoolCafe.com) to add money to your students account.

Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
31-Oct 	1-Nov Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Peas	2-Nov Chicken Fajita on Flour Tortilla Shredded Cheese Black Bean & Corn Salad Fruit Filled Churros 	3-Nov Pasta Bar (Sauce: Meat, Marinara, Alfredo, Cheese) Garlic Bread Stick Garden Salad	4-Nov School Made Stromboli Garden Salad 
7-Nov Macaroni & Cheese Garlic Bread Stick Steamed Green Beans 	8-Nov General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple	9-Nov Nacho Supreme Rice Pilaf (9-12) Refried Beans Salsa & Sour Cream	10-Nov Chicken Patty Lettuce, Tomato, Pickle Baked French Fries School Dessert	11-Nov BBQ Chicken Pizza Garden Salad 
14-Nov Chicken Tenders Harvest Shaped Pretzel Au Gratin Potatoes BBQ Dip 	15-Nov Pepperoni Pizza Garden Salad 	16-Nov Cheeseburger on WG bun Oven Baked Fries 	17-Nov Roast Turkey Dinner Mashed Potatoes & Gravy Thanksgiving Stuffing Steamed Corn Pumpkin Pie <i>Community Thanksgiving</i>	18-Nov Walking Taco (Turkey Taco & Cheese) Shredded Lettuce Diced Tomato's Roasted Black Beans Salsa & Sour Cream
21-Nov <b>Pittsburgh Salad</b> Garden Salad with Breaded Chicken topped with Fries	22-Nov General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple	23-Nov "The Max" Cheese Stuffed Bread Sticks Garden Salad Side Kick Frozen Fruit	24-Nov <b>No School</b> 	
28-Nov <b>No School</b> 	29-Nov Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Green Beans	30-Nov Nacho Supreme Rice Pilaf (9-12) Refried Beans Salsa & Sour Cream		

This institution is an equal opportunity provider.

Choice of Milk:

1% White Milk  
 Fat-Free Flavored  
 (Choc., Van., Straw.)

Daily Fruit:

Apples  
 Bananas  
 Oranges  
 Canned - Variety  
 100% Juice

Daily Vegetables:

Salad Bar  
 Carrot Snack Packs  
 Sliced Peppers  
 Chopped Cucumbers  
 Lentil Salad Variety

Daily Alternatives:

Chef Salad  
 Chicken Patty  
 Spicy Chicken Patty  
 Chicken Poppers  
 Cheese Burger  
 Burger  
**PBJ**  
 Deli Sandwich  
 Pizza Variety