





Jamestown Area School District

Head Start Breakfast Menu

December 2022



Monday	Tuesday	Wednesday	Thursday	Friday
28-Nov No School	29-Nov 	30-Nov	1-Dec Corn Flakes Fruit Variety 1% Milk	2-Dec Banana Muffin Apple Slices 1% Milk
5-Dec Cinnamon Chex Fruit Variety 1% Milk	6-Dec Mini Orange Dream Loaf Apple Slices 1% Milk	7-Dec Cheerios 1/2 Banana 1% Milk	8-Dec Corn Flakes Apple Slices 1% Milk	9-Dec Blueberry Muffin Apple Slices 1% Milk
12-Dec Cinnamon Chex Fruit Variety 1% Milk	13-Dec Mini Orange Dream Loaf Apple Slices 1% Milk	14-Dec Cinnamon Chex 100% Juice 1% Milk	15-Dec Cheerios 1/2 Banana 1% Milk	16-Dec Banana Muffin Apple Slices 1% Milk
19-Dec Cinnamon Chex Fruit Variety 1% Milk	20-Dec Kix Apple Slices 1% Milk	21-Dec Cinnamon Chex 100% Juice 1% Milk	22-Dec Mini Orange Dream Loaf Fruit Variety 1% Milk	23-Dec No School 
26-Dec No School 	27-Dec No School	28-Dec No School	29-Dec No School 	30-Dec No School
This institution is an equal opportunity provider.				
Please Note: This menu meets qualifications per CACFP guidelines.				