



# Jamestown Area School District


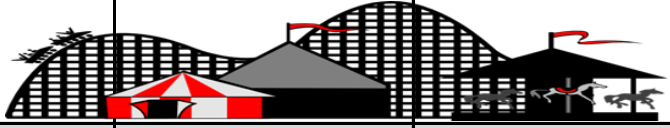


## High School Lunch Menu

Students: FREE  
Adults: \$4.02

August-September 2022

Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
22-Aug	23-Aug 	24-Aug	25-Aug <i>First Day of School</i> Breaded Chicken Patty on WG Bun	26-Aug Stuffed Crust Pizza French Fries Garden Salad
29-Aug Chicken Tenders Pretzel Rod Au Gratin Potato's BBQ Dip	30-Aug Soft Taco & Cheese Rice Pilaf Roasted Black Beans Fruit Filled Churro	31-Aug Cheeseburger on WG bun Oven Baked Fries	1-Sep General Tso Chicken Rice Pilaf Oriental Vegetables Sweet & Sour Dip	2-Sep School Made Pepperoni Roll or Pizza Garden Salad
5-Sep <b>No School</b>	6-Sep <b>No School</b>	7-Sep <b>No School</b> 	8-Sep <b>No School</b>	9-Sep <b>No School</b>
12-Sep Cheese Ravioli Garlic Bread Stick Marinara Sauce Garden Salad	13-Sep Nacho Supreme Rice Pilaf (9-12) Refried Beans Salsa & Sour Cream	14-Sep Rodeo Burger on Bun (BBQ Burger, Cheese, Onion Ring) Baked French Fries	15-Sep Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Green Beans	16-Sep School Made Italian Dunkers with Marinara Garden Salad
19-Sep Macaroni & Cheese Garlic Bread Stick Broccoli Bites	20-Sep General Tso Chicken Rice Pilaf Oriental Vegetables Sweet & Sour Dip	21-Sep BBQ Pulled Pork on Bun Baked Beans Creamy Cole Slaw	22-Sep Pancake & Sausage on a Stick Hash brown Patty School Made Banana Cake	23-Sep Meatballs & Marinara WG Hot Dog Bun Baked Tater Tots Garden Salad
26-Sep Italian Combo Platter (Breaded Ravioli & Cheese Sticks) Garlic Bread Stick Garden Salad	27-Sep Chicken Fajita on Flour Tortilla Shredded Cheese Black Bean & Corn Salad	28-Sep Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Corn	29-Sep Pasta & Meat Sauce (High: Cheese, Alfredo) Garlic Bread Stick Garden Salad	30-Sep School Made Stromboli or Pizza Baked French Fries

This institution is an equal opportunity provider.

Choice of Milk:

1% White Milk  
Fat-Free Flavored  
(Choc., Van., Straw.)

Daily Fruit:

Apples  
Bananas  
Oranges  
Canned - Variety  
100% Juice

Daily Vegetables:

Salad Bar  
Carrot Snack Packs  
Sliced Peppers  
Chopped Cucumbers  
Lentil Salad Variety

Daily Alternatives:

Chef Salad  
Chicken Patty  
Spicy Chicken Patty  
Chicken Poppers  
Cheese Burger  
Burger  
PBJ  
Deli Sandwich  
Pizza Variety



Menu is subject to change related to food availability.

Create an account on [www.SchoolCafe.com](http://www.SchoolCafe.com) to add money to your students account.

This can be used to buy extra milk, water or snacks.