



Jamestown Area School District


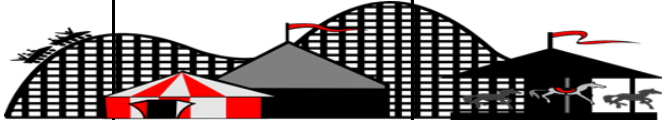
Elementary School Lunch Menu

August-September 2022



Students: FREE
Adults: \$4.02

Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
22-Aug	23-Aug	24-Aug	25-Aug	26-Aug
			<i>First Day of School</i> Breaded Chicken Patty on WG Bun Baked French Fries	Stuffed Crust Pizza French Fries Garden Salad Italian Garbanzo Beans
29-Aug	30-Aug	31-Aug	1-Sep	2-Sep
Chicken Tenders Pretzel Rod Au Gratin Potato's BBQ Dip	Soft Taco & Cheese Rice Pilaf Roasted Black Beans Fruit Filled Churro	Cheeseburger on WG bun Oven Baked Fries	General Tso Chicken Rice Pilaf Oriental Vegetables Sweet & Sour Dip	School Made Pepperoni Roll or Pizza Garden Salad
5-Sep	6-Sep	7-Sep	8-Sep	9-Sep
No School	No School	No School	No School	No School
				
12-Sep	13-Sep	14-Sep	15-Sep	16-Sep
Cheese Ravioli Garlic Bread Stick Marinara Sauce Garden Salad	Nacho Supreme Rice Pilaf (9-12) Refried Beans Salsa & Sour Cream	Rodeo Burger on Bun (BBQ Burger, Cheese, Onion Ring) Baked French Fries	Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Green Beans	School Made Italian Dunkers with Marinara Garden Salad
19-Sep	20-Sep	21-Sep	22-Sep	23-Sep
Macaroni & Cheese Garlic Bread Stick Broccoli Bites	General Tso Chicken Rice Pilaf Oriental Vegetables Sweet & Sour Dip	BBQ Pulled Pork on Bun Baked Beans Creamy Cole Slaw	Pancake & Sausage on a Stick Hash brown Patty School Made Banana Cake	Meatballs & Marinara WG Hot Dog Bun Baked Tater Tots Garden Salad
26-Sep	27-Sep	28-Sep	29-Sep	30-Sep
Italian Combo Platter (Breaded Ravioli & Cheese Sticks) Garlic Bread Stick Garden Salad	Chicken Fajita on Flour Tortilla Shredded Cheese Black Bean & Corn Salad	Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Corn	Pasta & Meat Sauce (High: Cheese, Alfredo) Garlic Bread Stick Garden Salad	School Made Stromboli or Pizza Baked French Fries

This institution is an equal opportunity provider.

Choice of Milk:

1% White Milk
Fat-Free Flavored
(Choc., Van., Straw.)

Daily Fruit:

Apples
Bananas
Oranges
Canned - Variety
100% Juice

Daily Vegetables:

Carrot Snack Packs
Sliced Veggies
Lentil Salad Variety
Garden Salad

Daily Alternatives:

A. Main Meal
B. PBJ Uncrustable
C. Trix Yogurt/Crackers
D. Small Chef Salad



Menu is subject to change related to food availability.

Create an account on www.SchoolCafe.com to add money to your students account.

This can be used to buy extra milk, water or snacks.