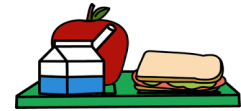





# Jamestown Area School District

## Head Start Lunch Menu September 2021



**A School Meal Price includes: Entrée, Fruit, Vegetable, Grain and Milk.**

Choice of Milk: Fat-Free Flavored, 1% White

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choice of Milk: Fat-Free Flavored 1% White</p>		<p>1-Sep General Tso Chicken Rice Pilaf Oriental Veggies Pineapple Sweet &amp; Sour Dip</p>	<p>2-Sep Rodeo Cheeseburger BBQ Sauce &amp; Onion Ring Lettuce, Tomato, Pickle Oven Baked Fries Applesauce</p>	<p>3-Sep Italian Combo Platter (Breaded Ravioli &amp; Breaded Cheese Stick) Tossed Salad Garlic Bread Stick Peaches</p>
<p>6-Sep <b>No School</b> </p>	<p>7-Sep Deli Sandwich Carrot Sticks Applesauce Cup</p>	<p>8-Sep Deli Sandwich Carrot Sticks Applesauce Cup</p>	<p>10-Sep PBJ Carrot Sticks Applesauce Cups</p>	<p>10-Sep PBJ Carrot Sticks Applesauce Cups</p>
<p>13-Sep Nacho Supreme Refried Beans Rice Pilaf (9-12) Lettuce, Tomato, Cheese Salsa &amp; Sour Cream Pears</p>	<p>14-Sep Popcorn Chicken Dipping Sauce Oven Baked Tater Tots Peaches Dinner Roll</p>	<p>15-Sep Pasta Meat Sauce Garden Salad Garlic Bread Stick Mixed Fruit</p>	<p>16-Sep Stuffed Crust Pizza <i>The Max</i> Garden Salad Applesauce</p>	<p>17-Sep Meatball Hoagie Mozzarella Cheese Steamed Broccoli Frozen Fruit Sidekick (Strawberry/Kiwi)</p>
<p>20-Sep Chicken Fajita Shredded Cheese Lettuce &amp; Tomato Salsa &amp; Sour Cream Black Bean Salsa Pears</p>	<p>21-Sep Burger/Cheeseburger Lettuce, Tomato, Pickle Tater Tots Fruit Variety</p>	<p>22-Sep Chicken Nuggets Mashed Potato &amp; Gravy Green Beans Peaches Dinner Roll</p>	<p>23-Sep Mini Cheese Ravioli Garden Salad Pears Garlic Bread Stick</p>	<p>24-Sep Stuffed Crust Cheese Pizza <i>The Max</i> French Fries Garden Salad Fruit Variety</p>
<p>27-Sep General Tso Chicken Rice Pilaf Oriental Veggies Pineapple Sweet &amp; Sour Dip</p>	<p>28-Sep Fiesta Pizza Garden Salad Mixed Fruit</p>	<p>29-Sep Chicken Alfredo Over Pasta Steamed Broccoli Diced Peaches</p>	<p>30-Sep Cheese Pizza Garden Salad Mixed Fruit</p>	<p>1-Oct Chicken Patty on Bun Oven Baked French Fries Diced Peaches</p>

Attention: As a result of the COVID-19 pandemic, there is a severe food availability concern leading to shortages and inconsistencies. Please be kind and understanding of the difficulty during this uncertain time. Menu is subject to change per USDA/PDE regulations.

*All grains offered are Whole Grains. "WG" indicates whole grain.*

*This institution is an equal opportunity provider.*

School Lunch Menu is subject to change.

Milk: 1% Milk with all meals, water is available within room

*This institution is an equal opportunity provider.*