



Jamestown Area School District

Head Start Lunch Menu

November 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1-Nov Cheese Ravioli Marinara Sauce Garlic Bread Stick Steamed Green Beans Diced Pears	2-Nov Macaroni & Cheese Steamed Green Beans Garden Salad Garlic Bread Stick Mixed Fruit	3-Nov Cheeseburger on WG Bun Crisp French Fries Baked Beans Applesauce	4-Nov General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple Sweet & Sour Dip	5-Nov Pepperoni Pizza Oven Baked Fries Garden Salad Mixed Fruit
8-Nov French Toast Sticks Seasoned Potatoes Fruit Variety Fruit Smoothie (Berry Vanilla) Syrup	9-Nov Chicken Fajita Wrap Rice Pilaf Shredded Cheese Lettuce & Tomato Salsa & Sour Cream Pears	10-Nov Chicken Nuggets Mashed Potatos & Gravy Steamed Corn Dinner Roll Diced Peaches	11-Nov Meatball Hoagie on WG Bun Mozzarella Cheese Crisp Fries Garden Salad Mixed Fruit	12-Nov Breaded Chicken Patty on WG Bun Lettuce, Tomato, Pickles Baked French Fries Diced Peaches
15-Nov Fiestada Pizza (Zesty Southwest Pizza Cheese & Beef Crumbles) Steamed Green beans Mixed Fruit	16-Nov Cheeseburger on WG Bun Crisp French Fries Baked Beans Applesauce	17-Nov Soft Taco Shredded Cheese Lettuce & Tomato Salsa & Sour Cream Pears	18-Nov Max Cheese Stuffed Bread Sticks Baked Spudsters Garden Salad Fresh Apple crisp Sr. Citizens Thanksgiving	19-Nov Roast Turkey & Gravy Thanksgiving Stuffing Mashed Potatoes & Gravy Steamed Corn Fruit Variety Dinner Roll, Pumpkin Pie
22-Nov Smokey BBQ Rib Patty on WG Bun Baked Smile Potatoes Creamy Cole Slaw Garden Salad Applesauce	23-Nov Breaded Chicken Poppers with Dip Baked French Fries Diced Peaches Dinner Roll	24-Nov Cheese Pizza Baked Fries Garden Salad Fresh Fruit Variety	25-Nov No School 	26-Nov No School 
29-Nov No School 	30-Nov General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple Sweet & Sour Dip			

This institution is an equal opportunity provider.

All grains offered are Whole Grains. "WG" indicates whole grain.

School Lunch Menu is subject to change.

Milk: 1% Milk with all meals, water is available within room.