



## Head Start and Pre-K Counts Breakfast & Snack Menu November 2021



**\*Groups with PM Snack will be served this menu as snack\***

Monday	Tuesday	Wednesday	Thursday	Friday
1-Nov WG Bluerry Muffin Juice Cup 1% Milk	2-Nov WG Banana Muffin Fresh Orange Slices 1% Milk	3-Nov WG Cinnamon Chex Cereal Bowl Juice Cup 1% Milk	4-Nov WG Banana Muffin 1/2 Banana 1% Milk	5-Nov Yogurt/WG crackers Apple Slices 1% Milk
8-Nov WG Bluerry Muffin Juice Cup 1% Milk	9-Nov Kix Apple Slices 1% Milk	10-Nov WG Cinnamon Chex Cereal Bowl Juice Cup 1% Milk	11-Nov WG Banana Muffin Apple Slices 1% Milk	12-Nov Yogurt WG Crackers 1/2 Banana 1% Milk
15-Nov WG Bluerry Muffin Juice Cup 1% Milk	16-Nov Yogurt/WG crackers Apple Slices 1% Milk	17-Nov WG Cinnamon Chex Cereal Bowl Juice Cup 1% Milk	18-Nov WG Banana Muffin 1/2 Banana 1% Milk	19-Nov Yogurt/WG crackers Apple Slices 1% Milk
22-Nov WG Bluerry Muffin Juice Cup 1% Milk	23-Nov Yogurt/WG crackers Apple Slices 1% Milk	24-Nov WG Cinnamon Chex Cereal Bowl Juice Cup 1% Milk	25-Nov <b>No School</b>	26-Nov <b>No School</b>
29-Nov <b>No School</b>	30-Nov Yogurt/WG crackers Apple Slices 1% Milk			

*All grains offered are Whole Grains. "WG" indicates whole grain.  
This institution is an equal opportunity provider.*