



Jamestown Area School District

Head Start Lunch Menu







December 2021



A school meal includes: Entrée (Meat/Meat Alternative & Grain), Fruit, Vegetable and Milk.

Variety of Fresh Vegetables and a Variety of Fruit (fresh and canned) is available daily to each meal.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1-Dec</p> <p><u>Choice of Milk:</u> Fat-Free Flavored (Chocolate or Strawberry) 1% White</p> 	<p>2-Dec</p> 	<p>3-Dec</p> <p>Macaroni & Cheese Garlic Bread Stick Green Beans Chilled Peaches</p> 	<p>4-Dec</p> <p>Hot Ham & Cheese Sandwich on Whole Grain Bun Tater Tots Pears</p>	<p>5-Dec</p> <p>Chicken Tenders Soft Pretzel Rod Au Gratin Potatoes Applesauce</p> 
<p>6-Dec</p> <p>Fiestada Pizza (Zesty Southwest Pizza Cheese & Beef Crumbles) Steamed Green beans Mixed Fruit</p>	<p>7-Dec</p> <p>Chicken Nuggets Mashed Potatoes & Gravy Steamed Corn Peaches School Made Dinner Roll</p>	<p>8-Dec</p> <p>Nacho Supreme Refried Beans Rice Pilaf (9-12) Lettuce, Tomato, Cheese Salsa & Sour Cream Pears</p>	<p>9-Dec</p> <p>Breaded Popcorn Chicken Bites French Fries Garden Salad Applesauce</p>	<p>10-Dec</p> <p>Stuffed Crust Cheese Pizza Carrot Sticks Fruit Variety</p> 
<p>13-Dec</p> <p>Italian Duo Platter (Breaded Ravioli & Breaded Cheese Stick) Tossed Salad Garlic Bread Stick Peaches</p>	<p>14-Dec</p> <p>General Tso Chicken Rice Pilaf Oriental Veggies Pineapple Sweet & Sour Dip</p>	<p>15-Dec</p> <p>Turkey & Gravy Whole Grain Biscuit Mashed Potatoes Steamed Peas Strawberry Fruit Cup</p>	<p>16-Dec</p> <p>BBQ Chicken Wrap Cheddar Cheese Lettuce, Tomato Oven Baked Fries Peaches</p>	<p>17-Dec</p> <p>School Made Pizza (Pizza Variety) Garden Salad Fruit Variety</p> 
<p>20-Dec</p> <p>Smokey BBQ Rib Emoticon Fries Creamy Cole Slaw Peaches</p>	<p>21-Dec</p> <p>Mini Cheese Ravioli Marinara Sauce Garden Salad Garlic Bread Stick Mixed Fruit</p>	<p>22-Dec</p> <p>Cheese Pizza Carrot Stick Fresh Fruit Variety</p> 	<p>23-Dec</p> <p>No School</p> 	<p>24-Dec</p> <p>No School</p> 
<p>27-Dec</p> <p>No School</p> 	<p>28-Dec</p> <p>No School</p> 	<p>29-Dec</p> <p>No School</p> 	<p>30-Dec</p> <p>No School</p> 	<p>31-Dec</p> <p>No School</p> 



This institution is an equal opportunity provider.