



Jamestown Area School District

High School Lunch Menu

August 2021

Student Lunch Price: FREE



Monday	Tuesday	Wednesday	Thursday	Friday
2-Aug	3-Aug	4-Aug	5-Aug	6-Aug
<p>Free meals are available to all students! Multiple entrée and side dish options are available to all students. All students are encouraged to make a selection. Grab and Go snack bags are available in main and alternative entrees are not selected.</p>				
9-Aug	10-Aug	11-Aug	12-Aug	13-Aug
16-Aug	17-Aug	18-Aug	19-Aug	20-Aug
23-Aug	24-Aug	25-Aug	26-Aug	27-Aug
			Stuffed Crust Pizza Oven Baked Fries Fresh Garden Salad Diced Peaches	Chicken Tenders BBQ Dipping Sauce Au Gratin Potatoes Pretzel Rod Fruit Variety
30-Aug	31-Aug			
Fiesta Pizza Black Bean Salad Tater Tots Applesauce	Mini Ravioli Marinara Sauce Fresh Garden Salad Pears Garlic Bread Stick			

Choice of Milk: Skim, 1%, Fat-Free Flavored

This institution is an equal opportunity provider.

Fruit/Vegetables: Fresh Fruit and Salad/Vegetable Bar (with the purchase of a meal)

Entrée Alternatives:

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|------------------------------------|-----------------|------------|-----------------------|
| Breaded Chicken Patty on Bun | Chicken Poppers | Chef Salad | Peanut Butter & Jelly |
| Breaded Spicy Chicken Patty on Bun | Cheeseburger | Hamburger | Pizza Variety |

This menu qualifies under the National School Nutrition Program guidelines for food based menu planning. Meeting criteria for Whole Grain-rich (WG), daily fruit and vegetables, calorie parameters, limiting sodium/trans fat/saturated fat & milk choice.