



Jamestown Area School District

Elementary Lunch Menu

August 2021

FREE to all students!

A school lunch includes: Entrée, Fruit, Vegetable, Grain and Milk (with every meal)









Cost = FREE!

Entrée Options Available Daily: See below

Fruit Variety: Apples, Oranges, Bananas, Fruit Cocktail, Applesauce, Peaches, Pears, Pineapple, Berries, Melon

Vegetables Variety: Carrots, Cucumbers, Tomatoes, Pepper Slices, Salad

Choice of Milk: Skim, 1% White, Fat-Free Flavored

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Welcome to school new students, and welcome back returning students. This school year the JASD Café will offer free meals (BREAKFAST & LUNCH) to all students. Breakfast will be offered to all students in the classroom each morning. Lunch will be offered in the cafeteria. Each day students will have 4-5 entrée options to choose from with multiple pre-packed side dishes. If students do not want a full meal they may take a variety of side dishes instead. Another option is a pre-packed grab and go pack for students that choose to not take a lunch. You may see the grab and go packs or extra breakfast items come home, please be sure to practice safe food handling. If you have questions or concerns, please reach out to the Food Service Director</p>				
16-Aug	17-Aug	18-Aug	19-Aug	20-Aug
				
23-Aug	24-Aug	25-Aug	26-Aug	27-Aug
			Stuffed Crust Pizza Oven Baked Fries Fresh Garden Salad Diced Peaches	Chicken Tenders BBQ Dipping Sauce Au Gratin Potatoes Pretzel Rod Fruit Variety
30-Aug	31-Aug	<div style="border: 2px solid black; padding: 5px; display: inline-block;"> <p>LUNCH OPTIONS:</p> <ul style="list-style-type: none"> a. Main Menu Item b. PBJ Uncrustable c. Chef Salad </div>		
Fiesta Pizza Black Bean Salad Tater Tots Applesauce	Mini Ravioli Marinara Sauce Fresh Garden Salad Pears Garlic Bread Stick			

This menu qualifies under the National School Nutrition Program guidelines for food based menu planning. Meeting criteria for Whole Grain-rich (WG), daily fruit and vegetables, calorie parameters, limiting sodium/trans fat/saturated fat & milk choice.

This institution is an equal opportunity provider.