



**Jamestown Area School District
Elementary Breakfast Menu
August 2021**









FREE to all students!

All students will be offered a free breakfast and lunch all year!

A free school breakfast offer a grain (or meat/meat alternative), fruit (whole, juice or veg) and milk.

Fruit Variety: Red Delicious Apples, Oranges, Bananas, Applesauce, Peaches, Pears, Pineapple, Berries, Melon

Choice of Milk: Skim, 1%, Fat-Free Flavored

Monday	Tuesday	Wednesday	Thursday	Friday
 <h2 align="center">Welcome Students!</h2>  <p align="center">School Breakfast is offered to all students, free of charge! Breakfast is served in the classroom and available to all students. Breakfast items will all be individually packaged. A healthy school breakfast will always consists of Whole Grain (WG), Fruit or 100% Fruit Juice, Milk.</p>				
16-Aug 	17-Aug	18-Aug	19-Aug	20-Aug 
23-Aug	24-Aug 		25-Aug	26-Aug Nutrigrain Bar Animal Crackers 100% Juice Choice of Milk
27-Aug Blueberry Muffin Fruit Selection Choice of Milk	30-Aug Lucky Charms Jungle Crackers Fruit Selection Choice of Milk	31-Aug Confetti Pancake Bites Fresh Fruit Selection Choice of Milk		

This menu qualifies under the National School Nutrition Program guidelines for food based menu planning. Meeting criteria for Whole Grain-rich (WG), daily fruit and vegetables, calorie parameters, limiting sodium/trans fat/saturated fat & milk choice.

This institution is an equal opportunity provider.