



Mercer County Head Start

Lunch Menu

May 2021-June 2021



Lunch includes: Entrée (Grain & Meat/Meat Alt.), Vegetable, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
3-May Breaded Chicken Patty on WG Bun Lettuce, Tomato, Pickle Baked French Fries Peaches	4-May Mini Cheese Ravioli Garden Salad Baked Bread Stick Mixed Fruit	5-May BBQ Pulled Pork on WG Roll Seasoned Fries Cole Slaw Applesauce	6-May Soft Tacos Shredded Cheese Lettuce/Tomato Pears	7-May PBJ Uncrustable Carrot Sticks Applesauce Cup
10-May General Tso Chicken Rice Pilaf Oriental Veg Medley Sweet & Sour Dip Pineapple	11-May Nacho Supreme Refried Beans Rice Pilaf (9-12) Lettuce, Tomato, Cheese Salsa & Sour Cream Pears	12-May Chicken Nuggets Mashed Potatoes Gravy Steamed Corn Dinner Roll Mixed Fruit	13-May Mini Cheese Ravioli with Marinara Sauce Garlic Bread Stick Garden Salad Pears	14-May PBJ Uncrustable Carrot Sticks Applesauce Cup
17-May Italian Combo Platter (Breaded Ravioli & Cheese Sticks) Garden Salad Garlic Bread Stick Pears	18-May Chicken Tenders BBQ Dip Au Gratin Potato's Pretzel Rod Fresh Fruit Variety	19-May Macaroni & Cheese Steamed Peas Garlic Bread Stick Fruit Variety	20-May Deli Turkey & Cheese on a Pretzel Roll Leaf Lettuce Baked French Fries Fruit Variety	21-May PBJ Uncrustable Carrot Sticks Applesauce Cup
24-May Mini Corn Dogs Baked French Fries Baked Beans Mixed Fruit	25-May Chicken Fajita Shredded Cheese Lettuce/Tomato Salsa/Sour Cream Rice Pilaf Peaches	26-May Popcorn Chicken Mashed Potatoes Gravy Steamed Veggies Fruit Variety	27-May Deli Sandwich on Bun Baked Lays Chips Fruit Variety (Applesauce Cup or Fresh Fruit)	28-May PBJ Uncrustable Carrot Sticks Applesauce Cup
31-May No School 	1-Jun Pizza Variety Vegetable Variety Fruit Variety	2-Jun Pizza Variety Garden Salad Fruit Variety	3-Jun Sandwich Variety Baked French Fries Vegetable Variety Fruit Variety	4-Jun PBJ Uncrustable Carrot Sticks Applesauce Cup
7-Jun Deli Sandwich Carrot Sticks Applesauce Cup	8-Jun PBJ Uncrustable Baked Chips Fruit Cup	9-Jun	10-Jun	11-Jun

**This institution is an equal opportunity provider.
Due to the pandemic menus are subject to change.
Milk provided with meals: 1 %**

Please Note: This menu meets qualifications per USDA SSO program and may have items that are not allowable under CACFP guidelines during a normal time but okayed during the pandemic.