






# Mercer County Head Start

## Breakfast Menu

May 2021-June 2021



Breakfast includes: Entrée (2 items), Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
3-May Cinnamon Chex 100% Juice 1% Milk	4-May Cinnamon Chex 1/2 Banana 1% Milk	5-May Mini Orange Dream Loaf 100% Juice Cup 1% Milk	6-May Yogurt & Crackers 1/2 Banana 1% Milk	7-May Cinnamon Chex Apple Slices 1% Milk
10-May Cinnamon Chex Fruit Variety 1% Milk	11-May Blueberry Muffin Apple Slices 1% Milk	12-May Yogurt & Crackers 1/2 Banana 1% Milk	13-May Cinnamon Chex Apple Slices 1% Milk	14-May Blueberry Muffin Apple Slices 1% Milk
17-May Mini Orange Dream Loaf Apple Slices 1% Milk	18-May Mini Orange Dream Loaf Apple Slices 1% Milk	19-May Cinnamon Chex 100% Juice 1% Milk	20-May Yogurt & Crackers 1/2 Banana 1% Milk	21-May Banana Muffin Apple Slices 1% Milk
24-May Cinnamon Chex 1/2 Banana 1% Milk	25-May Banana Muffin Apple Slices 1% Milk	26-May Mini Orange Dream Loaf 100% Juice 1% Milk	27-May Cheerios 1/2 Banana 1% Milk	28-May Blueberry Muffin Apple Slices 1% Milk
31-May No School	1-Jun Blueberry Muffin Apple Slices 1% Milk	2-Jun Yogurt & Crackers 1/2 Banana 1% Milk	3-Jun Cinnamon Chex Apple Slices 1% Milk	4-Jun Blueberry Muffin Apple Slices 1% Milk
7-Jun Mini Orange Dream Loaf 100% Juice 1% Milk	8-Jun Mini Orange Dream Loaf 100% Juice 1% Milk			

This institution is an equal opportunity provider.

Please note: This menu meets qualifications per USDA SSO program and may have items that are not allowable under CACFP guidelines during a normal time but okayed during the pandemic.