



# Jamestown Area School District

## Jr/Sr High Lunch Menu

### March 2021



Free Meals  
until 6/31/21

Lunch includes: Entrée (Grain & Meat/Meat Alt.), Vegetable, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| <p>1-Mar</p> <p>Chicken Fajita<br/>Flour Tortilla<br/>Rice Pilaf<br/>Refried Beans<br/>Lettuce/Diced Tomato<br/>Mixed Fruit</p>  | <p>2-Mar</p> <p> Pasta Bar<br/>Sauce Options:<br/>(Marinara, Meat, Cheese)<br/>Tossed Salad<br/>Garlic Bread Stick<br/>Pears</p> | <p>3-Mar</p> <p>Chicken Nuggets<br/>Mashed Potato<br/>Gravy<br/>Steamed Peas<br/>Dinner Roll<br/>Applesauce</p>   | <p>4-Mar</p> <p>Tasty Taco<br/>Rice Pilaf<br/>Shredded Cheese<br/>Lettuce/Tomato<br/>Salsa &amp; Sour Cream<br/>Pears</p>  | <p>5-Mar</p> <p></p>   |
| <p>8-Mar</p> <p>General Tso Chicken<br/>Rice Pilaf<br/>Oriental<br/>Mixed Vegetables<br/>Pineapple<br/>Sweet &amp; Sour Dip</p>  | <p>9-Mar</p> <p> Toasted Cheese<br/>Sandwich<br/>Tomato Soup<br/>Pickle Spear<br/>Fruit Variety</p>                              | <p>10-Mar</p> <p>Roasted Turkey<br/>Mashed Potato<br/>Gravy<br/>Steamed Corn<br/>Dinner Roll<br/>Very Berry Juice Bar</p>   | <p>11-Mar</p> <p>Rodeo Burger<br/>(BBQ Cheeseburger<br/>&amp; Onion Ring)<br/>Lettuce &amp; Tomato<br/>Pickles<br/>Oven Crisp Fries<br/>Diced Peaches</p>  | <p>12-Mar</p> <p><b>No School</b></p> <p></p>  |
| <p>15-Mar</p> <p><b>No School</b></p> <p></p> | <p>16-Mar</p> <p>Chicken Tenders<br/>French Fries<br/>Cheesy Broccoli<br/>Pretzel Rod<br/>Pears</p>   | <p>17-Mar</p> <p>BBQ Pulled Pork<br/>on WG Bun<br/>Macaroni &amp; Cheese<br/>Creamy Coleslaw<br/><i>School Made</i><br/><i>Apple crisp</i></p> <p></p> | <p>18-Mar</p> <p>Walking Taco<br/>Refried Beans<br/>Rice Pilaf<br/>Lettuce, Tomato, Cheese<br/>Salsa &amp; Sour Cream<br/>Mixed Fruit</p>  | <p>19-Mar</p> <p></p> <p><u>Choice of Milk:</u><br/>Fat-free Flavored<br/>1%, Skim</p> |
| <p>22-Mar</p> <p>Meatball Hoagie<br/>Mozzarella Cheese<br/>Baked Tater Tots<br/>Applesauce</p>                                   | <p>23-Mar</p> <p>Oven Roasted<br/>BBQ Chicken<br/>Crazy Good Corn<br/>Fresh Garden Salad<br/><i>School Made</i><br/><i>Strawberry Shortcake</i></p>   | <p>24-Mar</p> <p>Chicken Alfredo<br/>Over Pasta<br/>Steamed Broccoli<br/>Peaches<br/>Garlic Bread Stick</p>   | <p>25-Mar</p> <p>School Made Pizza<br/>Pizza Options Vary:<br/>BBQ Chicken<br/>Meat Lovers<br/>Veggies Lovers<br/>Baked French Fries<br/>Fruit Variety</p>   | <p>26-Mar</p> <p>Fresh Fruit and<br/>Vegetables Available<br/>Daily</p> <p></p>        |
| <p>29-Mar</p> <p>Chicken Parmesan<br/>over Pasta<br/>Broccoli<br/>Fruit Variety<br/>Garlic Bread Stick</p>                       | <p>30-Mar</p> <p>Sloppy Joe<br/>Sandwich<br/>Tater Tots<br/>Frozen Peach Cup</p>  | <p>31-Mar</p> <p>Pittsburgh Salad<br/>(Grilled Chicken Strips<br/>French Fries,<br/>Cheese, Salad)<br/>Garlic Bread Stick<br/>Applesauce</p>  | <p><b><u>Available Daily as Entrée:</u></b></p> <p>Pizza (Variety) PBJ Uncrustable<br/>Chicken Patty (Spicy &amp; Regular)<br/>Burger/Cheeseburger (Tues &amp; Thurs)<br/>Yogurt/Crackers Chef Salad</p> |   |

This institution is an equal opportunity provider.