



Mercer County Head Start

Lunch Menu

March 2021



Lunch includes: Entrée (Grain & Meat/Meat Alt.), Vegetable, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
1-Mar Chicken Fajita Flour Tortilla Rice Pilaf Refried Beans Lettuce/Diced Tomato Mixed Fruit	2-Mar Stuffed Crust Cheese Pizza  Tossed Salad Diced Pears	3-Mar Chicken Nuggets Mashed Potato Gravy Steamed Peas Dinner Roll Applesauce	4-Mar Tasty Taco Rice Pilaf Shredded Cheese Lettuce/Tomato Salsa & Sour Cream Pears	5-Mar PBJ Uncrustable or Deli Sandwich Veggies Applesauce
8-Mar General Tso Chicken Rice Pilaf Oriental Mixed Vegetables Pineapple Sweet & Sour Dip	9-Mar Toasted Cheese Sandwich  Tomato Soup Pickle Spear Fruit Variety	10-Mar Roasted Turkey Mashed Potato Gravy Steamed Corn Dinner Roll Very Berry Juice Bar	11-Mar Rodeo Burger (BBQ Cheese Burger & Onion Ring) Lettuce, Tomato, Pickle Oven Crisp Fries Diced Peaches	12-Mar No School 
15-Mar No School 	16-Mar Chicken Tenders French Fries Cheesy Broccoli Pretzel Rod Pears	17-Mar BBQ Pulled Pork on WG Bun Macaroni & Cheese Creamy Coleslaw <i>School Made</i> <i>Apple crisp</i>	18-Mar Walking Taco Refried Beans Rice Pilaf Lettuce, Tomato, Cheese Salsa & Sour Cream Mixed Fruit	19-Mar PBJ Uncrustable or Deli Sandwich Veggies Applesauce
22-Mar Meatball & Marinara on a Hot Dog Bun Mozzarella Cheese Baked Tater Tots Applesauce	23-Mar Oven Roasted BBQ Chicken Crazy Good Corn Fresh Garden Salad <i>Strawberry Shortcake</i>	24-Mar Chicken Alfredo Over Pasta Steamed Broccoli Peaches Garlic Bread Stick	25-Mar School Made Pizza Baked French Fries Fruit Variety	26-Mar PBJ Uncrustable or Deli Sandwich Veggies Applesauce
29-Mar Chicken Parmesan over Pasta Broccoli Fruit Variety	30-Mar Sloppy Joe Sandwich Tater Tots Frozen Peach Cup	31-Mar Pittsburgh Salad (Grilled Chicken Strips French Fries, Cheese, Salad) Garlic Bread Stick Applesauce	  <p>This institution is an equal opportunity provider. Due to the pandemic menus are subject to change.</p>	

Please note: This menu meets qualifications per USDA SSO program and may have items that are not allowable under CACFP guidelines during a normal time but okayed during the pandemic.