







Mercer County Head Start

Lunch Menu

February 2021



Lunch includes: Entrée (Grain & Meat/Meat Alt.), Vegetable, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1-Feb</p> <p>Turkey & Gravy Mashed Potato Steamed Corn Dinner Roll Very Berry Juice Bar</p>	<p>2-Feb</p> <p>Turkey & Gravy Mashed Potato Steamed Corn Dinner Roll Very Berry Juice Bar</p>	<p>3-Feb</p> <p>Rodeo Burger Lettuce/Tom/Pickle Oven Crisp Fries Applesauce</p> 	<p>4-Feb</p> <p>Rodeo Burger Lettuce/Tom/Pickle Oven Crisp Fries Applesauce</p>	<p>5-Feb</p> <p>PBJ Uncrustable or Deli Sandwich Veggies Applesauce</p>
<p>8-Feb</p> <p>Nacho Bar Refried Beans Rice Pilaf (9-12) Lettuce, Tomato, Cheese Salsa & Sour Cream Mixed Fruit</p>	<p>9-Feb</p> <p>Nacho Supreme Refried Beans Rice Pilaf (9-12) Lettuce, Tomato, Cheese Salsa & Sour Cream Mixed Fruit</p>	<p>10-Feb</p> <p>Pittsburgh Salad (Grilled Chicken Strips French Fries, Cheese, Salad) Garlic Bread Stick Strawberry Cup Valentines Treat</p>	<p>11-Feb</p> <p>Pittsburgh Salad (Grilled Chicken Strips French Fries, Cheese, Salad) Garlic Bread Stick Strawberry Cup Valentines Treat</p>	<p>12-Feb</p> <p>PBJ Uncrustable or Deli Sandwich Veggies Applesauce</p> 
<p>15-Feb</p> <p>No School</p> 	<p>16-Feb</p> <p>General Tso Chicken Rice Pilaf Oriental Mixed Vegetables Pineapple Sweet & Sour Dip</p>	<p>17-Feb</p> <p>General Tso Chicken Rice Pilaf Oriental Mixed Vegetables Pineapple Sweet & Sour Dip</p>	<p>18-Feb</p> <p>Mini Cheese Ravioli Marinara Sauce Garden Salad Applesauce</p> 	<p>19-Feb</p> <p>PBJ Uncrustable or Deli Sandwich Veggies Applesauce</p>
<p>22-Feb</p> <p>Chicken Tenders French Fries Green Beans Pretzel Rod Pears</p>	<p>23-Feb</p> <p>Chicken Tenders French Fries Green Beans Pretzel Rod Pears</p>	<p>24-Feb</p> <p>Fiesta Pizza Oven Baked French Fries Garden Salad Fruit Variety</p>	<p>25-Feb</p> <p>Fiesta Pizza Oven Baked French Fries Garden Salad Fruit Variety</p>	<p>26-Feb</p> <p>PBJ Uncrustable or Deli Sandwich Veggies Applesauce</p>



Choice of Milk: Fat-Free Flavored, 1%, Skim
Fresh Fruit and Vegetables offered daily
Non-Meat Options Available
This institution is an equal opportunity provider.
Due to the pandemic menus are subject to change.



Please note: This menu meets qualifications per USDA SSO program and may have items that are not allowable under CACFP guidelines during a normal time but okayed during the pandemic.