


# Mercer County Head Start



## Breakfast Menu February 2021



Breakfast includes: Entrée (2 items), Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
1-Feb Trix Cereal Belly Bears Crackers 100% Juice Choice of Milk	2-Feb Trix Cereal Belly Bears Crackers 100% Juice Choice of Milk	3-Feb Muffin Tops (Banana) Fresh Fruit Variety Choice of Milk	4-Feb Muffin Tops (Banana) Fresh Fruit Variety Choice of Milk	5-Feb Cereal Variety Belly Bears Crackers 100% Juice Choice of Milk
8-Feb Cinnamon Toast Crunch & Crackers 100% Juice Choice of Milk	9-Feb Cinnamon Toast Crunch & Crackers 100% Juice Choice of Milk	10-Feb Cheese Stick & Goldfish Crackers Fresh Fruit Variety Choice of Milk	11-Feb Cheese Stick & Goldfish Crackers Fresh Fruit Variety Choice of Milk	12-Feb Cereal Variety Belly Bears Crackers 100% Juice Choice of Milk 
15-Feb <b>No School</b> 	16-Feb Lucky Charms & French Toast Crackers 100% Juice Choice of Milk	17-Feb Mini Cinnis Fresh Fruit Variety Choice of Milk	18-Feb Mini Cinnis Fresh Fruit Variety Choice of Milk	19-Feb Cereal Variety Belly Bears Crackers 100% Juice Choice of Milk
22-Feb Kix Cereal & Crackers 100% Juice Choice of Milk	23-Feb Kix Cereal & Crackers 100% Juice Choice of Milk	24-Feb WG Blueberry Muffin Fresh Fruit Variety Choice of Milk	25-Feb WG Blueberry Muffin Fresh Fruit Variety Choice of Milk	26-Feb Cereal Variety Belly Bears Crackers 100% Juice Choice of Milk



Choice of Milk: Fat-Free Flavored, 1%, Skim  
Fresh Fruit and Vegetables offered daily  
This institution is an equal opportunity provider.



Please note: This menu meets qualifications per USDA SSO program and may have items that are not allowable under CACFP guidelines during a normal time but okayed during the pandemic.