



Jamestown Area School District

Head Start Lunch Menu



December 2020

Lunch includes: Entrée (Grain & Meat/Meat Alt.), Vegetable, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.



Monday	Tuesday	Wednesday	Thursday	Friday
	1-Dec Chicken Tenders Au Gratin Potatoes Green Beans Pretzel Rod Pears	2-Dec Oven Roasted BBQ Chicken Mashed Potatoes with Gravy Creamy Cole Slaw Applesauce	3-Dec Nacho Supreme Garden Salad Black Bean & Corn Salsa Mixed Fruit Salsa & Sour Cream	4-Dec PBJ Uncrustable or Deli Sandwich Veggies Applesauce 
7-Dec Chicken Tenders Au Gratin Potatoes Green Beans Pretzel Rod Pears	8-Dec Chicken Patty on Bun Lettuce, Tomato, Pickle Oven Baked Fries Fresh Melon Slices	9-Dec Nacho Supreme Garden Salad Black Bean & Corn Salsa Fresh Melon Slices Salsa & Sour Cream	10-Dec Oven Roasted BBQ Chicken Mashed Potatoes with Gravy Creamy Cole Slaw Applesauce	11-Dec PBJ Uncrustable or Deli Sandwich Veggies Applesauce 
14-Dec Deli Turkey & Cheese Wrap Golden Tater Tots Chocolate Chip Cookie Mixed Fruit 	15-Dec Soft Taco Shredded Cheddar Cheese Refried Beans Lettuce/Tomato Salsa & Sour Cream Applesauce	16-Dec Cheese Pizza Steamed Broccoli Chilled Diced Peaches	17-Dec Cheese Pizza Steamed Broccoli Chilled Diced Peaches 	18-Dec PBJ Uncrustable or Deli Sandwich Veggies Applesauce 
21-Dec Soft Taco Shredded Cheddar Cheese Refried Beans Lettuce/Tomato Salsa & Sour Cream Applesauce	22-Dec Deli Turkey & Cheese Wrap Golden Tater Tots Chocolate Chip Cookie Mixed Fruit	23-Dec No School 	24-Dec No School 	25-Dec No School 
28-Dec 	29-Dec	30-Dec	31-Dec	<p>Choice of Milk: Fat-Free Flavored, 1%, Skim</p> <p>Fresh Fruit and Vegetables offered daily</p> <p>Non-Meat Options Available</p> <p>This institution is an equal opportunity provider.</p> <p>Due to the pandemic menus are subject to change.</p>

Please note: This menu meets qualifications per USDA SSO program and may have items that are not allowable under CACFP guidelines during a normal time but okayed during the pandemic.

