

Jamestown Area School District Elementary Lunch Menu March 2020



Cost = FREE!

A FREE school lunch includes: Entrée, Fruit, Vegetable, Grain and Milk (with every meal)

Entrée Options Available Daily (in addition to the main menu listed below):







Ham & Cheese Sandwich, Bologna Sandwich, PBJ, Yogurt/Crackers or Chef (Grade 4-6)

Fruit Variety: Apples, Oranges, Bananas, Fruit Cocktail, Applesauce, Peaches, Pears, Pineapple, Berries, Melon

Vegetables Variety: Carrots, Cucumbers, Tomatoes, Pepper Slices, Salad

Choice of Milk: Skim, 1% White, Fat-Free Flavored



Monday	Tuesday	Wednesday	Thursday	Friday
2-Mar	3-Mar	4-Mar	5-Mar	6-Mar
Breakfast Sandwich <i>(Croissant, Egg, Ham, Cheese)</i> Hashbrown Patty Mandarin Oranges Green Egg and Ham Chocolate Melt	Chicken Patty on Bun Lettuce/Tom/Pickles Celery and Carrots Dr. Suess's Hat Yogurt Cup (van. yogurt & strawberries) 	General Tso Chicken Rice Pilaf Asian Vegetables Lorax Orange Sweet & Sr Sauce	Turkey & Cheese Wrap Lettuce/Tomato Three Bean Salad Fruit Cup 1 Fish, 2 Fish, Red Fish, Blue Fish Treat	Italian Combo Plate (Breaded Ravioli & Breaded Cheese Sticks) Marinara Dipping Sauce Fresh Veggie Sticks Mixed Fruit Cup
9-Mar	10-Mar	11-Mar	12-Mar	13-Mar
Rodeo Burger Baked French Fries Lettuce/Tomato/Pickle Fresh Fruit Variety	Chicken Nuggets Mashed Potato & Gravy Green Beans Peaches Dinner Roll	Nacho Supreme Refried Beans Tossed Salad Pears Salsa/Sour Cream	BBQ Pulled Pork Tater Tots Cole Slaw Fruit Variety 	Stuffed Crust Pizza Tossed Salad Fruit Variety <i>ACT 80 Day</i>
16-Mar	17-Mar	18-Mar	19-Mar	20-Mar
NO SCHOOL 	Ham & Cheese on a Leprechaun Wrap Lettuce/Tomato Potato Wedges Applesauce St. Patty Cake	Popcorn Chicken Mashed Potatoes & Gravy Corn Peaches Dinner Roll	Pancake & Sausage Stick Seasoned Potato Cubes Three Bean Salad Veggie Sticks Mixed Fruit	Cheesy Bread Sticks Marinara Tossed Salad Pears
23-Mar	24-Mar	25-Mar	26-Mar	27-Mar
Mini Corn Dogs Baked French Fries Baked Beans Mixed Fruit Pudding Cup 	Walking Taco Rice Pilaf Shredded Cheese Lettuce/Tomato Pears Salsa/Sour Cream	Sloppy Joe on Bun Smiley Fries Tossed Salad Fruit Variety 	Chicken Tenders BBQ Dip Macaroni and Cheese Strawberry Cups Pretzel Rod	Mini Cheese Ravioli Tossed Salad Peaches Garlic Bread Stick
30-Mar	31-Mar	CELEBRATE! March is National Nutrition Month! The first week of March celebrates: National School Breakfast Week & Dr. Suess' Birthday!		
Chicken Ranch Wrap Seasoned Potato Wedge Shredded Cheese Lettuce/Tomato Applesauce	Pepperoni & Cheese Pizza Tossed Salad Fresh Fruit Variety			

This menu qualifies under the National School Nutrition Program guidelines for food based menu planning. Meeting criteria for Whole Grain-rich (WG), daily fruit and vegetables, calorie parameters, limiting sodium/trans fat/saturated fat & milk choice.

This institution is an equal opportunity provider.