

Jamestown Area School District





Elementary Breakfast Menu

March 2020

FREE to all students!

All students will be offered a free breakfast and lunch all year!



Monday	Tuesday	Wednesday	Thursday	Friday
2-Mar Trix Cereal Belly Bears Fresh Fruit Selection Choice of Milk	3-Mar Guava Strawberry Turnover 100 % Juice Choice of Milk	4-Mar  String Cheese Goldfish Crackers Fresh Fruit Selection Choice of Milk	5-Mar Blueberry Muffin 100 % Juice Choice of Milk	6-Mar Mini Cinni Fruit Selection Choice of Milk
9-Mar WG Cinnamon Toast Cereal with Crackers Fruit Selection Choice of Milk	10-Mar WG Banana Muffin 100 % Juice Choice of Milk	11-Mar Confetti Pancake Bites Fresh Fruit Selection Choice of Milk	12-Mar Double Chocolate Muffin 100% Juice Choice of Milk	13-Mar Cherry Frudel Fruit Selection Choice of Milk
16-Mar No School 	17-Mar Special Breakfast Kit Cheerio Breakfast Bar Mini Animal Crackers 100% Juice Pouch	18-Mar Soft-filled Cinnamon Toast Crunch Bar Fresh Fruit Selection Choice of Milk	19-Mar Apple Turnover 100% Juice Choice of Milk	20-Mar Mini Maple Waffles Fruit Selection Choice of Milk
23-Mar Lucky Charms Jungle Crackers Fruit Selection Choice of Milk	24-Mar WG Blueberry Muffin 100% Juice Choice of Milk	25-Mar Cinnamon Pop tart Fresh Fruit Selection Choice of Milk	26-Mar Assorted Mini Donuts (Choc/Powdered Sugar) 100% Juice Choice of Milk	27-Mar AppleCinnCheerios Chocolate Elf Crackers Fresh Fruit Selection Choice of Milk
30-Mar WG Cocoa Puffs WG Crackers Fresh Fruit Selection Choice of Milk	31-Mar Apple Cinnamon Muffin Fruit Selection Choice of Milk			

This menu qualifies under the National School Nutrition Program guidelines for food based menu planning. Meeting criteria for Whole Grain-rich (WG), daily fruit and vegetables, calorie parameters, limiting sodium/trans fat/saturated fat & milk choice.

Fruit Variety: Red Delicious Apples, Oranges, Bananas, Applesauce, Peaches, Pears, Pineapple, Berries, Melon

Choice of Milk: Skim, 1%, Fat-Free Flavored

This institution is an equal opportunity provider.