

Guidance Program Overview



The JES Guidance Program offers Classroom Guidance Lessons, Individual and Group Counseling, Consultation with Parents and Teachers, Bullying Prevention and more! If you have any questions, feel free to ask! Also, be sure to check out the Guidance webpage on the Jamestown Area School District website.

Jamestown
Elementary School

3938 Douthett Drive
Jamestown, PA 16134

Mr. Joshua Rausch
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Ext. 2500

JES GUIDANCE PROGRAM



Mr. Rausch
School Counselor

Jamestown
Elementary School

JES Guidance Program Services

Classroom Guidance Lessons

Hello! My name is Joshua Rausch, and I am the School Counselor at Jamestown Elementary School. One of the services I provide at JES is guidance lessons. A new Special has been added this school year called "Guidance". This class is taught to all students (Grades K-6) once a week. In this class, students have the opportunity to learn about many different topics including:

- Study Skills
- Bullying Prevention
- Too Good For Drugs Lessons
- Dealing with Feelings (Ex: Anger, Sadness)
- Dealing with Specific Situations (Ex: Loss of a Loved One, Divorce)
- Character Education (Ex: Respect, Tolerance, Citizenship, etc.)
- Career Awareness and Development
- Social Skills

Individual and Group Counseling

Another crucial piece of the guidance program here at JES is individual and group counseling. I meet with students on both a consistent and as-needed basis to discuss various issues and concerns. These issues and concerns may include bullying, friendships, worries/anxiety, loss of a loved one, trouble with academics, dealing with anger, and so on. My perspective is that we all need help with things sometimes, and I am here to provide that help and guidance to every student. This service may be provided one-on-one with the student, or as part of a group.

Consultation with Teachers and Parents

In order for the Guidance Program at JES to be successful, good communication is essential. I regularly communicate with teachers about concerns and students' progress. I also communicate with parents of students I am meeting with. I am

always available through email and by telephone if there is something you need to discuss. My extension at the elementary school is **2500**, and my email address is **joshua_rausch@jamestown.k12.pa.us**. Feel free to contact me anytime!

Bullying Prevention

One of the more pressing issues in education in recent years has been bullying. Here at Jamestown, we take bullying seriously and we do what we can to prevent it. I teach lessons on positive peer relationships, strategies for dealing with bullying, and what to do if a student sees another student being bullied. I also provide mediation for students who are conflicting with one another. If you are concerned about a child being bullied, please contact me.

*Sometimes, there is some confusion about what constitutes bullying. The definition of bullying is as follows: **"A person is bullied when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other persons, and he or she has difficulty defending himself or herself."** Please keep this definition in mind when deciding whether or not to report bullying.*