



Jamestown Area School District

Head Start Lunch Menu

August-September 2025



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
25-Aug Chick-Fil-A Sandwich on WG Bun Lettuce, Tomato, Pickles Waffle Fries Cantaloup	26-Aug Fiestada Taco Pizza (Beef Crumbles & Mexican Cheese Blend) Garden Salad w/Ranch Honey Dew & Blueberries	27-Aug Chicken Nuggets School Made WG Roll Mashed Potatoes & Gravy Steamed Corn Sliced Peaches	28-Aug Nacho Supreme WG Rice Pilaf, Beans, Lettuce, Tomato, Olives Sour Cream, Salsa Mandarain Oranges	29-Aug Cheeseburger on WG Bun Lettuce, Tomato, Pickle Tater Tots, Baked Beans Fruit Variety
1-Sep No School 	2-Sep Sun Butter Sandwich Fresh Veggies Fruit Variety	3-Sep Deli Sandwich Fresh Veggies & Fruit Cookie	4-Sep Deli Sandwich Baked Chips Fruit Variety	5-Sep Sunbutter Sandwich Baked Chips & Fruit Rice Crispy Treat
8-Sep Walking Taco Spanish Rice (Grade 9-12) Refried Beans Lettuce, Tomato, Olives Sour Cream & Salsa Fruit Variety	9-Sep Chicken Tender Wrap (Chicken and Cheese) Ranch or BBQ Dip Baked French Fries Sliced Peaches	10-Sep Butter Noodles (With or Without Savory Meat Sauce) Garlic Bread Stick Garden Salad Applesauce	11-Sep Rodeo Cheese Burger (BBQ Burger, Onion Ring) Tater Tots Baked Beans Mandarin Oranges	12-Sep No School for Head Start. JASD is in session.
15-Sep Macaroni & Cheese Garlic Bread Stick Steamed Peas Garden Salad Fresh Fruit Variety	16-Sep Chicken Parm Sandwich on WG Bun Baked French Fries Italian Bean Salad Sliced Peaches	17-Sep Chicken Popper Bowl School Made WG Roll Mashed Potatoes & Gravy Steamed Corn Fruit Variety	18-Sep Turkey, Bacon & Cheese Wedge with Chipotle Ranch Lettuce, Tomato Potato Chips Mandarin Oranges Baked Apple Crisp	19-Sep Cheese Bread Sticks BBQ Sidewinders Garden Salad Fruit Variety
22-Sep General Tso Chicken WG Rice Pilaf Oriental Vegetables & Broccoli Chilled Pineapple Sweet & Sour Dip Sauce	23-Sep Poppers Blueberry Muffin Hash Brown Potato Fresh Vegetable Variety Frozen Fruit Juice Slush	24-Sep Soft Taco Shredded Cheese Rice Pilaf, Sour Cream, Salsa Corn on the Cob Applesauce	25-Sep Parmesan Chicken Sandwich on WG Bun Baked French Fries Garden Salad Mandarin Oranges	26-Sep School Made Dunkers or School Made Pizza Garden Salad Italian Dressing Mixed Fruit/Variety
29-Sep The Max Stuffed Crust Cheese Pizza Garden Salad & Fruit	30-Sep Deli Turkey & Cheese on Bun, Chips Fruit Variety	1-Oct	2-Oct 	3-Oct 

This institution is an equal opportunity provider.

Daily Fruit: Apples, Bananas, Oranges, Canned Fruit

Daily Vegetables: Carrot Sticks, Sliced Vegetables, Lentil Salad Variety, Garden Salad

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.



Please Note: This menu meets qualifications per CACFP guidelines.

