



# Jamestown Area School District

## High School Lunch Menu

October 2024



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

| Monday                                                                                                                                                                                           | Tuesday                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                 | Thursday                                                                                                                                     | Friday                                                                                                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 30-Sep<br>Breaded Chicken Patty<br>on a WG Bun<br>Lettuce, Tomato, Pickles<br>Oven Baked French Fries<br>Diced Pears                                                                             | 1-Oct<br>Nacho Supreme<br>WG Rice Pilaf<br>Refried Beans<br>Lettuce, Tomato, Olives<br>Sour Cream, Salsa<br>Sliced Peaches                                                                  | 2-Oct<br>Boneless Wing Bowl<br><i>Plain, Mild/Ranch or Tso</i><br>Soft Pretzel<br>Vegetable Sticks<br>Applesauce<br>BBQ Dip                                                                               | 3-Oct<br>Turkey & Gravy<br>WG Dinner Roll<br>Steamed Corn<br>Garden Salad<br>Mandarin Oranges                                                | 4-Oct<br>"CYOS"<br>Create Your Own Sub<br>Deli Hoagie with Toppings<br>Potato Chips<br>Mixed Fruit/Variety<br>Ice Cream Sandwich<br>(Must get a meal to get dessert)                                                           |
| 7-Oct<br>Pasta Bar<br>(Meat Sauce, Cheese,<br>Alfredo, Marinara)<br>Garlic Bread Stick<br>Garden Salad with Dressing<br>Diced Pears                                                              | 8-Oct<br>Chicken Nugget<br>WG Dinner Roll<br>Mashed Potatoes & Gravy<br>Steamed Corn<br>Sliced Peaches<br> | 9-Oct<br>Max Cheese Sticks<br>Marinara Dip<br>BBQ Sidewinders<br>Garden Salad<br>Applesauce<br>Blueberry Crisp                                                                                            | 10-Oct<br>Rodeo Cheese Burger<br>(BBQ, Onion Ring)<br>on WG Bun<br>Lettuce, Tomato, Pickles<br>Tater Tots<br>Baked Beans<br>Mandarin Oranges | 11-Oct<br><br><b>No School</b><br>Teacher In-Service<br> |
| 14-Oct<br>Chicken Tender<br>Soft Pretzel Rod<br>Au Gratin Potatoes<br>Diced Pears<br>BBQ Dipping Sauce<br>Rice Krispies Treat                                                                    | 15-Oct<br>Walking Taco<br>Spanish Rice (Grade 9-12)<br>Cheese, Refried Beans<br>Lettuce, Tomato & Olives<br>Sour Cream & Salsa<br>Peaches                                                   | 16-Oct<br>Turkey, Bacon Wedge<br>Wedge with Chipotle Ranch<br>Elem - Ranch Sauce Only<br>Lettuce, Tomato, Pickles<br>Potato Chips<br>Applesauce                                                           | 17-Oct<br>Breaded Chicken Patty<br>on a WG Bun<br>Lettuce, Tomato, Pickles<br>Oven Baked French Fries<br>Mandarin Oranges                    | 18-Oct<br>Fresh Cooked<br>French Bread Pizza<br>Garden Salad<br>(Lettuce, Cucumbers, Tom)<br>Mixed Fruit/Variety                                                                                                               |
| 21-Oct<br>General Tso Chicken<br>WG Rice Pilaf<br>Oriental Vegetable<br>& Broccoli Blend<br>Chilled Pineapple                                                                                    | 22-Oct<br>Cheeseburger<br>on WG Bun<br>Tater Tots<br>Baked Beans<br>Sliced Peaches<br>Carnival Cookie                                                                                       | 23-Oct<br>Meatball & Mozzarella<br>on WG Hoagie Bun<br>Baked French Fries<br>Fresh Vegetable Variety<br>Applesauce<br> | 24-Oct<br>Popcorn Chicken Bowl<br>School Made WG Roll<br>Mashed Potatoes & Gravy<br>Steamed Corn<br>Mandarin Oranges                         | 25-Oct<br>Stuffed Crust Cheese Pizza<br>"The Max"<br>Garden Salad<br>with Buttermilk Ranch<br>Mixed Fruit/Variety                                                                                                              |
| 28-Oct<br>Fiestada Taco Pizza<br>(Beef Crumbles &<br>Mexican Cheese Blend)<br>Garden Salad<br>Diced Pears<br> | 29-Oct<br>Nacho Supreme<br>WG Rice Pilaf<br>Refried Beans<br>Lettuce, Tomato, Olives<br>Sour Cream, Salsa<br>Sliced Peaches                                                                 | 30-Oct<br>Pasta Bar<br>(Meat Sauce, Cheese,<br>Alfredo, Marinara)<br>Garlic Bread Stick<br>Garden Salad with Dressing<br>Applesauce                                                                       | 31-Oct<br>Chick-Fil-A Sandwich<br>(Breaded Crispy Chicken,<br>Lettuce, Pickles)<br>Waffle Fries<br>Mandarin Oranges<br>Iced Brownie          | 1-Nov<br>Cheese Omelet<br>WG Funnel Cake<br>Hash Brown Patty<br>Mixed Fruit/Variety<br>                                                   |

This institution is an equal opportunity provider.

Choice of Milk:

1% White Milk  
Fat-Free Flavored  
(Choc., Van., Straw.)

Daily Fruit:

Apples, Bananas  
Oranges, Canned Fruit,  
Fresh Melon & Berries

Daily Vegetables:

Salad Bar  
Carrots, Peppers,  
Cucumbers

Daily Alternatives:

Chef Salad, Chicken Patty, Spicy Chicken Patty,  
Chicken Poppers, Burgers, PBJ, Deli Sandwich,  
Deli Sandwich, Pizza

Create a free account on [www.SchoolCafe.com](http://www.SchoolCafe.com) to add money to your students account.

