

Jamestown Area School District

Head Start Breakfast Menu







Monday	Tuesday	Wednesday	Thursday	Friday		
31-Mar	1-Apr	2-Apr	3-Apr	4-Apr		
Muffin Monday	Ice Cream Sundae	Iced Cinnamon	Vanilla Belgian	Cheerios		
(Flavor Variety)	Crackers	Roll	Waffle	& Belly Bears		
100% Juice	Fruit Variety	Fruit Variety	100% Juice	Fruit Variety		
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk		
	(Yogurt Parfait)					
7-Apr	8-Apr	9-Apr	10-Apr	11-Apr		
Benefit Bar	Cinnamon	Mini Blueberry Loaf	Dutch Waffle	Cinnamon Crumb		
Applesauce Cup	Turnover	Yogurt Cup	Fruit Variety	Cake		
Choice of Milk	Diced Peach Cup	100% Juice	Choice of Milk	Fruit Variety		
	Choice of Milk	Choice of Milk		Choice of Milk		
14-Apr	15-Apr	16-Apr	17-Apr	18-Apr		
Banana Bread	Pancake & Sausage					
Slice & Cheese Stick	on a Stick	No School	No School	No School		
Fruit Variety	100% Juice		~ %	% &		
Choice of Milk	Choice of Milk					
			7			
21-Apr	22-Apr	23-Apr	24-Apr	25-Apr		
	Cinnamon Toast	Cereal	Nature Valley Crisps	Cooks Choice		
No School	Crunch Bread	& Animal Crackers	100% Juice	Fruit Variety		
	100% Juice	Fruit Variety	100% Juice	Choice of Milk		
	Choice of Milk	Choice of Milk	Choice of Milk			
28-Apr	29-Apr	30-Apr	1-May	2-May		
Muffin Monday	WG Poptart	Cooks Choice	Benefit Bars	Cheez-it Cracker		
(Flavor Variety)	Goldfish Crackers	Halo Oranges	(Rainbow Sprinkles)	Cheese Stick		
Fruit Variety	100% Juice	Choice of Milk	100% Juice	Fruit Variety		
Choice of Milk	Choice of Milk		Choice of Milk	Choice of Milk		
This institution is an equal opportunity provider.						
Please Note: This menu meets qualifications per CACFP guidelines.						





