



Jamestown Area School District

Head Start Lunch Menu

May 2024 and June 2024



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
29-Apr Omelet, Funnel Cake Hash Brown, Oranges Garbanzo Beans	30-Apr Chicken Nuggets Dinner Roll Mashed Potato & Gravy Peaches	1-May General Tso Chicken Rice Pilaf Oriental Vegetables Chilled Pineapple	2-May Cheeseburger on WG Bun Tater Tots, Baked Beans Applesauce	3-May School made Pizza Garden Salad Mixed Fruit
6-May Chicken Tenders Soft Pretzel Stick Three Bean Salad Garden Salad, Fruit	7-May Soft Taco Steamed Vegetables Lettuce, Tomato Fruit Variety	8-May Chicken Poppers Dinner Roll Mashed Potato & Gravy Veggies, Fruit	9-May Mac & Cheese Garlic Stick Garden Salad Mixed Fruit	10-May No School for Head Start
13-May Max Cheese Sticks BBQ Sidewinders Garden Salad, Peaches	14-May BBQ Pulled Pork Sandwich Loaded Baked Potato Baked Beans, Mixed Fruit	15-May Chicken Patty on WG Bun Lettuce, Tomato, Pickle Baked FF, Peaches	16-May Stuffed Crust Pizza Garden Salad Fruit Variety	17-May Walking Taco Shredded Cheese Salsa & Sour Cream Salad, Pears
20-May Macaroni & Cheese Garlic Bread Stick Garden Salad Mixed Fruit	21-May Chicken Parm Sandwich WG Bun Green Beans, Peaches Garbanzo Beans	22-May General Tso Chicken Rice Pilaf Oriental Vegetables Chilled Pineapple	23-May Nacho Supreme Refried Beans Lettuce, Tomato Mixed Fruit	24-May Fiestada Pizza Garden Salad Fruit Variety
27-May No School	28-May Chicken Patty on WG Bun Potato Variety Mixed Fruit	29-May Walking Taco Toppings Tossed Salad Diced Pears	30-May Cheeseburger Baked French Fries Baked Beans Applesauce	31-May Pizza Variety Vegetable Variety Fruit Variety
3-Jun Mac & Cheese Bread Stick Vegetables Fruit	4-Jun Fiesta Pizza Vegetable Variety Fruit Variety	5-Jun EZ Jammer Sandwich Vegetable Variety Fruit Variety	6-Jun Deli Sandwich Baked Chips Fruit Variety	7-Jun EZ Jammer Sandwich Vegetable Variety Fruit Variety
10-Jun Deli Sandwich Baked Chips Fruit Variety	11-Jun EZ Jammer Sandwich Vegetable Variety Fruit Variety	12-Jun Deli Sandwich Vegetable Variety Fruit Variety Last Day!	13-Jun	14-Jun

This institution is an equal opportunity provider.

Daily Fruit: Apples, Bananas, Oranges, Canned Fruit

Daily Vegetables: Carrot Sticks, Sliced Vegetables, Lentil Salad Variety, Garden Salad

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.