



Head Start and Pre-K Counts



**Breakfast
March 2023**



Monday	Tuesday	Wednesday	Thursday	Friday
27-Feb	28-Feb 	1-Mar WG Cinnamon Chex Cereal Bowl Juice Cup 1% Milk	2-Mar Breakfast Pizza Fruit Variety 1% Milk	3-Mar Yogurt/WG crackers Apple Slices 1% Milk
6-Mar WG Blueberry Muffin Juice Cup 1% Milk	7-Mar WG Kix Cereal Bowl Apple Slices 1% Milk	8-Mar Mini French Toast Fruit Variety 1% Milk	9-Mar WG Banana Muffin Apple Slices 1% Milk	10-Mar Yogurt/WG crackers Apple Slices 1% Milk
13-Mar WG Blueberry Muffin Juice Cup 1% Milk	14-Mar Yogurt/WG crackers Apple Slices 1% Milk	15-Mar Breakfast Pizza Fruit Variety 1% Milk	16-Mar WG Banana Muffin 1/2 Banana 1% Milk	17-Mar No School 
20-Mar No School	21-Mar Yogurt/WG crackers Apple Slices 1% Milk	22-Mar WG Cinnamon Chex Cereal Bowl Juice Cup 1% Milk	23-Mar Mini Pancakes Fruit Variety 1% Milk	24-Mar Muffin Variety Fruit Variety 1% Milk
27-Mar WG Blueberry Muffin Juice Cup 1% Milk	28-Mar Breakfast Sandwich Apple Slices 1% Milk	29-Mar WG Cinnamon Chex Cereal Bowl Juice Cup 1% Milk	30-Mar WG Banana Muffin 1/2 Banana 1% Milk	31-Mar Muffin Variety Fruit Variety 1% Milk

*All grains offered are Whole Grains. "WG" indicates whole grain.
This institution is an equal opportunity provider.*

