

# JAMESTOWN AREA SCHOOL DISTRICT

## STUDENT COVID- 19

### DAILY WELLNESS CHECKLIST

Daily Wellness Checks are an important part in keeping your child safe. Please complete this wellness checklist **daily** prior to sending your child to school.

<b>GROUP A</b> <b>One (1) or more symptoms</b>	<b>GROUP B</b> <b>Two (2) or more symptoms</b>
<ul style="list-style-type: none"> <li>• Fever of 100.0 or higher</li> <li>• Cough</li> <li>• Shortness of breath</li> <li>• New olfactory disorder (loss/change in ability to smell)</li> <li>• New taste disorder (loss/change in ability to taste)</li> </ul>	<ul style="list-style-type: none"> <li>• Fever of 100.0 or higher</li> <li>• Sore throat</li> <li>• Runny nose/congestion</li> <li>• Chills</li> <li>• Myalgia (muscle aches or pain)</li> <li>• Nausea or vomiting</li> <li>• Headache</li> <li>• Diarrhea</li> <li>• Fatigue</li> <li>• Rigors (sudden chills/shivering accompanied by a rise in temperature often with sweating)</li> </ul>

**Keep student home and call the school nurse if:**

- **Have one or more symptoms in Group A OR**
- **Have two or more symptoms in Group B OR**
- **Had direct contact with anyone testing positive for Covid-19 OR**
- **Taking fever reducing medication such as Advil, Motrin or Tylenol to reduce a fever**

**\*Students are not permitted to return to school until fever free without medication for 72 hours.**